

# COLORADO CONGRESSIONAL DISTRICT 7

- Representative Perlmutter -

## RURAL HEALTH CLINICS

- Rural Health Clinics (RHCs) are federally certified clinics located in non-urban healthcare professional shortage areas.
- RHCs must be staffed by at least one nurse practitioner, physician assistant or certified nurse midwife, who must be on-site to see patients at least 50% of the time.
- Often the only medical facility in rural communities, RHCs depend on sound business practices, Medicare, Medicaid, private insurance, and minimal grant funding to keep their doors open.
- The 51 RHCs across Colorado provide primary care services to an estimated 175,000 adults and children annually.

## CRITICAL ACCESS HOSPITALS

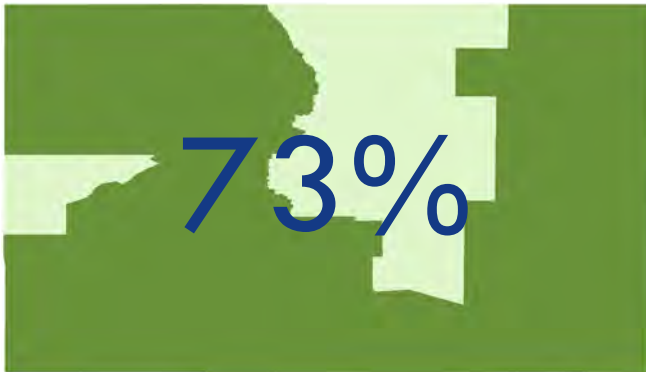
- Critical Access Hospitals (CAHs) are small, rural hospitals that have a maximum of 25 beds.
- The CAH Program was created by Congress in 1997 to support the fragile rural healthcare.
- The 29 CAHs across Colorado provide local integrated health delivery systems including acute, primary, emergency and long-term care.

*RHCs and CAHs are located in non-urbanized areas, therefore no RHCs or CAHs are located in Congressional District 7. For a list of other important healthcare entities that make up the healthcare safety net in your district, visit the map page of our website ([www.coruralhealth.org/resources/maps-resource](http://www.coruralhealth.org/resources/maps-resource)).*

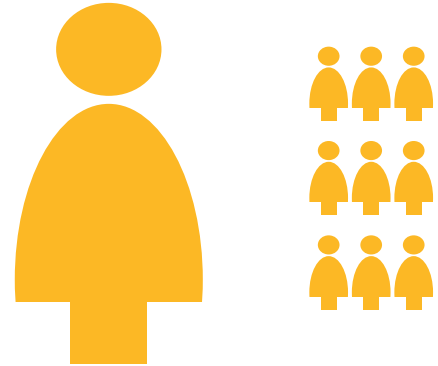


# KNOW THE NUMBERS

## Colorado



73% of Colorado is **rural**



**1 out of 10** Coloradans live in rural

## Rural Challenges

42%

Adults with  
tooth loss

37%

adults over 65 receive  
influenza vaccinations

1.2%

infant mortality

-\$10,000

average median **income** is less than state

9.7% of families live in **poverty**

13.7% face a **lack of transportation**

21% are **uninsured**

13.4%

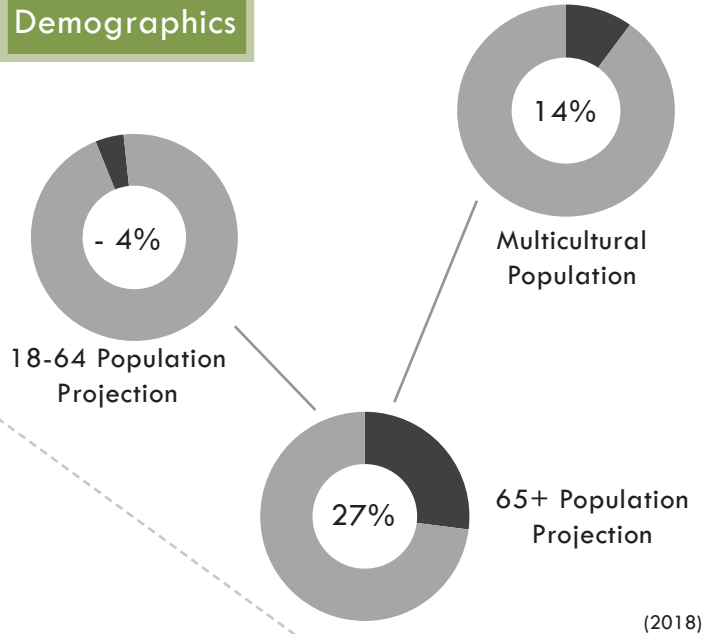
adults do not have a  
**high school diploma**

**COLORADO**  
**RURAL HEALTH**  
**CENTER**

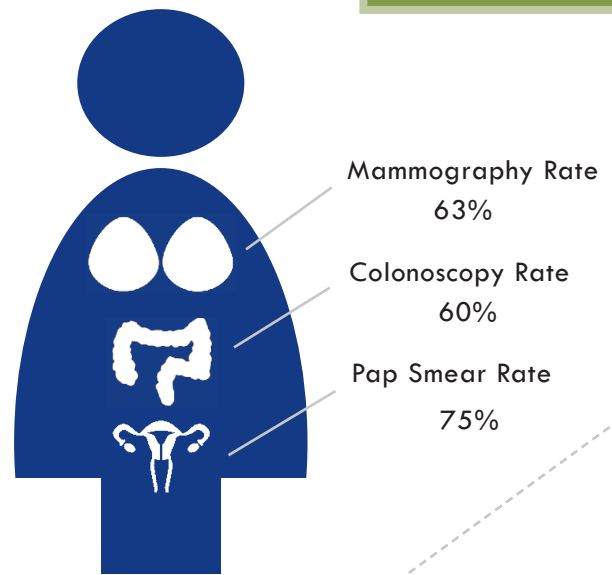
*The State Office of Rural Health*

[www.coruralhealth.org](http://www.coruralhealth.org) | [info@coruralhealth.org](mailto:info@coruralhealth.org)

Demographics



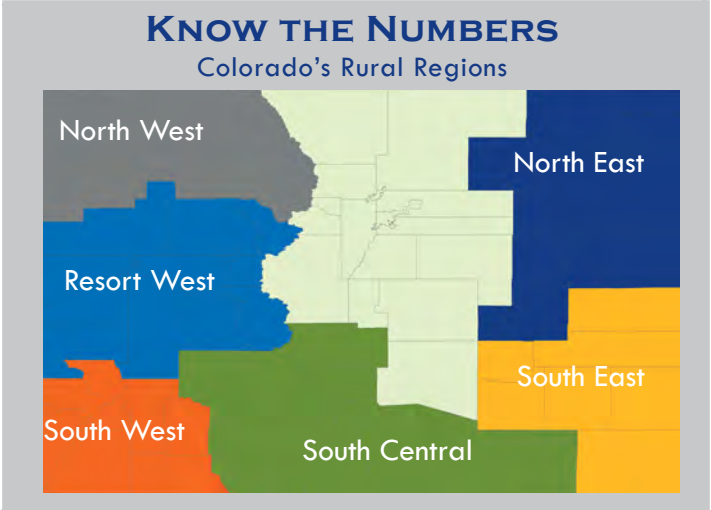
Preventive Services



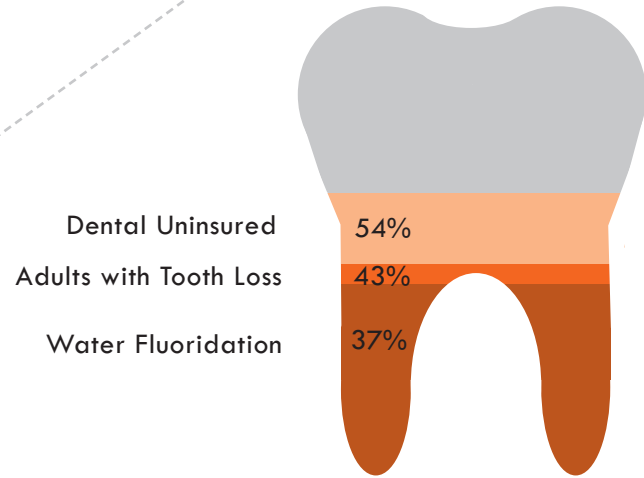
Substance Abuse



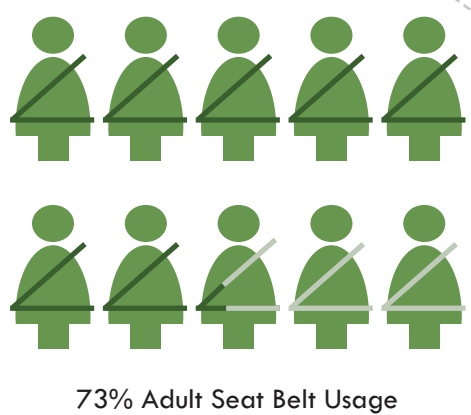
Mental Health



Oral Health

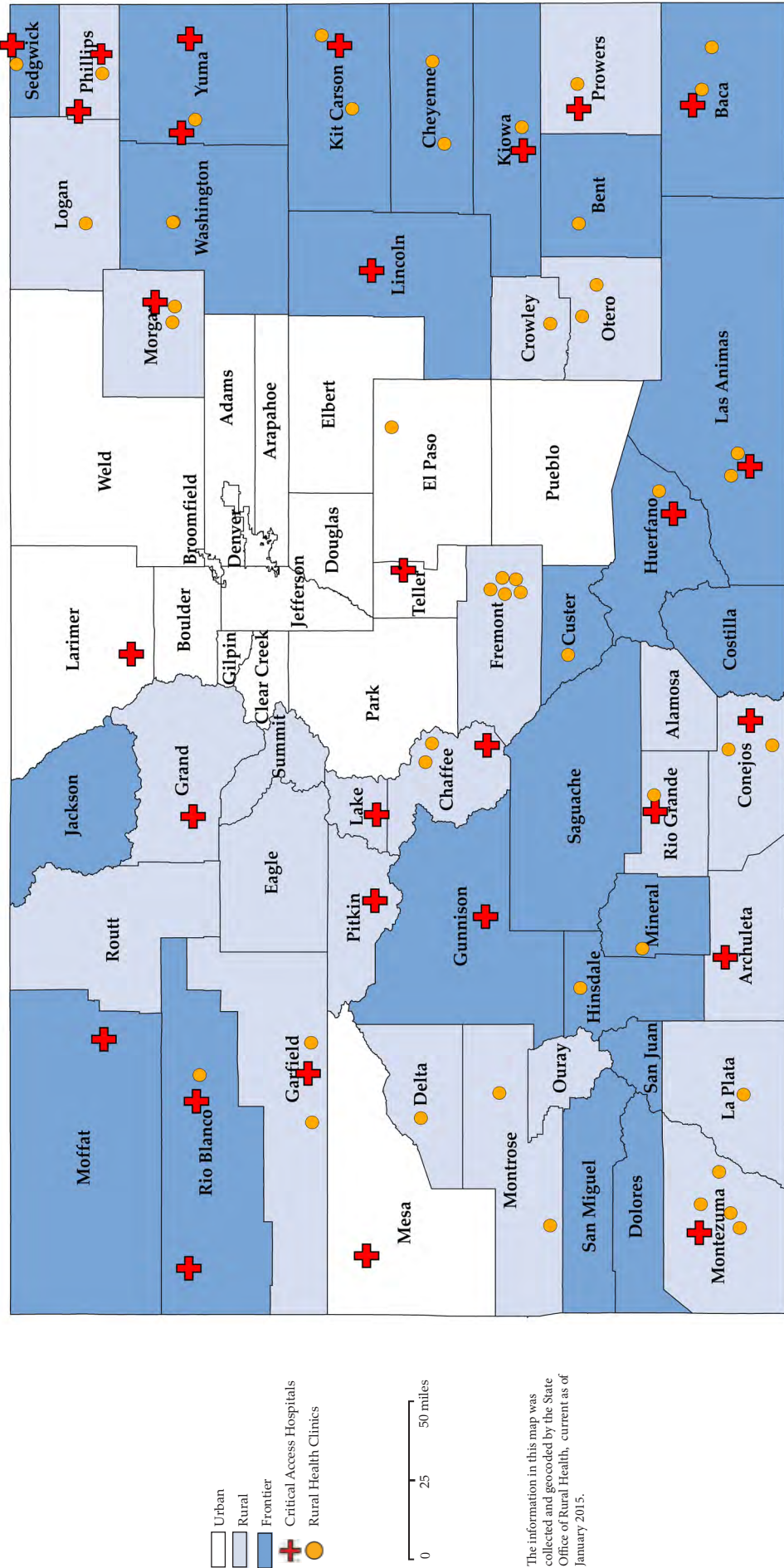


Injury and Violence





# Colorado: Rural Health Facilities within County Designations, 2015



The definition of rural and frontier varies depending on the purpose of the program or policy in which they are used. Therefore, these are referred to as programmatic designations, rather than definitions. One designation commonly used to determine geographic eligibility for federal grant programs is based on information obtained through the Office of Management and Budget: *All counties that are not designated as parts of Metropolitan Areas (MAs) are considered rural.* The Colorado Rural Health Center frequently assumes this designation, as well as further classifies frontier counties as those counties with a population density of six or fewer persons per square mile. You may visit the Rural Health Grants Eligibility Advisor to determine if a county or address is designated rural, or contact the Office of Rural Health Policy at (301) 443-0835.