

COLORADO RURAL HEALTH CENTER

The State Office of Rural Health

Page	Region	Section	Fact	Citation
1	Northwest	Northwest Region	Counties included in the Northwest Region: Grand, Jackson, Moffat, Rio Blanco, Routt. (5 Total)	Colorado State Office of Rural Health: Colorado Rural Health Center (CRHC). September 2018. Link to the State Office of Rural Health: Colorado Rural Health Center.
1	Northwest	Demographics	60,317 Total Population (About 8% of the rural population).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	Northwest	Demographics	20% - % Single Family Households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children in Single Parent Households. Retrieved April 20, 2018. Link to County Health Rankings.
1	Northwest	Demographics	12% - % Living Under the Federal Poverty Line (state average - 12%).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	Northwest	Demographics	43 - 2020 Median Projected Age (compared to the state projected median age of 38).	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018, from Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to the Colorado State Demography Office.
1	Northwest	Demographics	7% - % of the region enrolled in SNAP.	Hamm, K. (2017, January 10). Food stamps in Colorado: An interactive county-by-county breakdown. Retrieved September 25, 2018 from the Denver Post. Link to the Denver Post Article.
1	Northwest	Demographics	38% of children are eligible for free & reduced lunch.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children Eligible for Free or Reduced Price Lunch. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Northwest	High School Graduation	89% - % of High School Graduates (state: 77%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: High school graduation. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Northwest	High School Graduation	62% - % of the population has some college education (state: 71%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Some College. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Northwest	Median Income	\$59,000 - Average Median Income Lowest Median Income: Jackson at \$46,671 Highest Median Income: Routt at \$71,322 The Northwest region has a median income \$10,844 below the average urban median income of \$69,844.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Median Household Income. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Northwest	Health Outcomes	20% - % of adult obesity (compared to the state average of 21%) Lowest Obesity: Routt County at 14% Highest Obesity: Moffat County: 25%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data-Adult Obesity. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Northwest	Health Outcomes	6% - % of region with adult diabetes (compared to the state average of 6%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Diabetes. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Northwest	Health Outcomes	This region's Teen Birth rate is 23 per 1,000 female population, ages 15-19 while the rate of Colorado is 24 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Teen Births. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Northwest	Health Outcomes	13% - % of children with low birthweight (compared to the state average of 9%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Low Birthweight. Retrieved September 25, 2018, from County Health Rankings. * Please Note: For counties with fewer than 20 births a missing value for all values is reported. For counties with between 20 and 99 births a gamma adjustment from the poisson distribution is used to calculate the CI's. Link to County Health Rankings.
2	Northwest	Mental and Behavioral Health	Active, licensed Addiction Counselors - 5	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved October 4, 2017. Colorado Department of Regulatory Agencies (March 2017). Please Note: A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute.
2	Northwest	Mental and Behavioral Health	Inpatient Mental Health Facilities: 0	Colorado Mental Health Hold Task Force Final Report and Recommendations: Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. Link to Mental Health Hold Task Force Final Report.
2	Northwest	Mental and Behavioral Health	Opioid Prescriptions dispensed per 100 people: 52	Opioid Overdose: State and County Prescribing Rate Maps. [2017, July 31]. Retrieved September 25, 2018, from Center's for Disease Control and Prevention (CDC). Link to State and County Prescribing Rate Maps.
2	Northwest	Mental and Behavioral Health	Average Age-Adjusted Death Rate per 100,000 population: 19	Drug Poisoning Mortality in the United States, 1999-2016. Retrieved January 15, 2019 from CDC/National Center for Health Statistics. Link to CDC - National Center for Health Statistics - Drug Poisoning Mortality.
2	Northwest	Mental and Behavioral Health	Annual Suicide Rate (per 100,000 Individuals): 25	Colorado Violent Death Reporting System (COVDRS). (2017). Retrieved January 9, 2019, from The Colorado Office of Planning, Partnerships and Improvement & Colorado Center for Health and Environmental Data. *Please Note: In some cases, the population may be too small, indicating that numbers may not be statistically significant and that some county data can be suppressed. For the Northwest and San Luis Valley Regions, rates are based off of 2016 and 2017 estimates, as all (or nearly all) county data for the region for 2017 was suppressed. Link to Colorado Violent Death Reporting System (COVDRS).
2	Northwest	Rural Health Facilities	4 Critical Access Hospitals, 8 Federally Certified Rural Health Clinics, 12 Designated Rural Facilities	1. Critical Access Hospital Locations. Flex Monitoring Team: A Performance Monitoring Resource for Critical Access Hospitals, States, and Communities. Retrieved January 8, 2019. 2. Colorado Rural Health Center - State Office of Rural Health (SORH). Designated Facilities: RHC, Rural Facilities. Retrieved January 8, 2019 from CRHC sources and organizational database (CRM). Link to Flex Monitoring: CAH Designations.
2	Northwest	Patients Per Provider	Regional Physicians: 1:1358 State Physicians: 1:1243	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Primary Care Physicians. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Northwest	Patients Per Provider	Regional Dentist:1:2313 State Dentists:1:1291	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Dentists. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Northwest	Patients Per Provider	Regional Mental Health Providers: 1:514 State Mental Health Providers: 1:326	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Mental Health Providers. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Northwest	Payor Mix	Uninsured: 16.5% Medicaid: 13.7% Medicare:11.2% Private Pay:58.5%	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.

Page	Region	Section	Fact	Citation
1	Mountain West	Mountain West Region	Counties included in the Mountain West Region: Chaffee, Custer, Eagle, Fremont, Garfield, Lake, Pitkin, Summit (8 Total)	Colorado State Office of Rural Health: Colorado Rural Health Center (CRHC). September 2018. Link to the State Office of Rural Health: Colorado Rural Health Center.
1	Mountain West	Demographics	289,015 Total Population (About 39% of the rural population).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	Mountain West	Demographics	25% - % Single Family Households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children in Single Parent Households. Retrieved April 20, 2018. Link to County Health Rankings.
1	Mountain West	Demographics	12% - % Living Under the Federal Poverty Line (state average - 12%).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	Mountain West	Demographics	42 - 2020 Median Projected Age (compared to the state projected median age of 38).	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018, from Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to the Colorado State Demography Office.
1	Mountain West	Demographics	6% - % of the region enrolled in SNAP.	Hamm, K. (2017, January 10). Food stamps in Colorado: An Interactive county-by-county breakdown. Retrieved September 25, 2018 from the Denver Post. Link to the Denver Post Article.
1	Mountain West	Demographics	44% of children are eligible for free & reduced lunch.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children Eligible for Free or Reduced Price Lunch. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Mountain West	High School Graduation	82% - % of High School Graduates (state: 77%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: High school graduation. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Mountain West	High School Graduation	61% - % of the population has some college education (state: 71%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Some College. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Mountain West	Median Income	\$61,362- Average Median Income Lowest Median Income: Fremont at \$43,672 Highest Median Income: Eagle at \$79,556 The Mountain West region has a median income \$8,482 below the average urban median income of \$69,844.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Median Household Income. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Mountain West	Health Outcomes	18% - % of adult obesity (compared to the state average of 21%) Lowest Obesity: Eagle County at 13% Highest Obesity: Fremont County: 24%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Obesity. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Mountain West	Health Outcomes	5% - % of region with adult diabetes (compared to the state average of 6%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Diabetes. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Mountain West	Health Outcomes	This region's Teen Birth rate is 25 per 1,000 female population, ages 15-19 while the rate of Colorado is 24 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Teen Births. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Mountain West	Health Outcomes	10% - % of children with low birthweight (compared to the state average of 9%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Low Birthweight. Retrieved September 25, 2018, from County Health Rankings. * Please Note: For counties with fewer than 20 births a missing value for all values is reported. For counties with between 20 and 99 births a gamma adjustment from the poisson distribution is used to calculate the CIs. Link to County Health Rankings.
2	Mountain West	Mental and Behavioral Health	Active, Licensed Addiction Counselors - 36	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved October 4, 2017. Colorado Department of Regulatory Agencies (March 2017). Please Note: A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute.
2	Mountain West	Mental and Behavioral Health	Inpatient Mental Health Facilities: 0	Colorado Mental Health Hold Task Force Final Report and Recommendations: Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. Link to Mental Health Hold Task Force Final Report.
2	Mountain West	Mental and Behavioral Health	Opioid Prescriptions dispensed per 100 people: 54	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018, from Centers for Disease Control and Prevention (CDC). Link to State and County Prescribing Rate Maps.
2	Mountain West	Mental and Behavioral Health	Average Age-Adjusted Death Rate per 100,000 population: 17	Drug Poisoning Mortality in the United States, 1999-2016. Retrieved January 15, 2019 from CDC/National Center for Health Statistics. Link to CDC: National Center for Health Statistics - Drug Poisoning Mortality.
2	Mountain West	Mental and Behavioral Health	Annual Suicide Rate (per 100,000 individuals): 22	Colorado Violent Death Reporting System (COVDORS). (2017). Retrieved January 9, 2019, from The Colorado Office of Planning, Partnerships and Improvement & Colorado Center for Health and Environmental Data. *Please Note: In some cases, the population may be too small, indicating that numbers may not be statistically significant and that some county data can be suppressed. For the Northwest and San Luis Valley Regions, rates are based off of 2016 and 2017 estimates, as all (or nearly all) county data for the region for 2017 was suppressed. Link to Colorado Violent Death Reporting System (COVDORS).
2	Mountain West	Rural Health Facilities	5 Critical Access Hospitals, 7 Federally Certified Rural Health Clinics, 12 Designated Rural Facilities	1. Critical Access Hospital Locations. Flex Monitoring Team: A Performance Monitoring Resource for Critical Access Hospitals, States, and Communities. Retrieved January 8, 2019. 2. Colorado Rural Health Center - State Office of Rural Health (SORH). Designated Facilities: RHC, Rural Facilities. Retrieved January 8, 2019 from CRHC sources and organizational database [CRM]. Link to Flex Monitoring: CAH Designations.
2	Mountain West	Patients Per Provider	Regional Physicians: 1:1443 State Physicians: 1:1243	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Primary Care Physicians. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Mountain West	Patients Per Provider	Regional Dentist: 1:1851 State Dentists: 1:1291	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Dentists. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Mountain West	Patients Per Provider	Regional Mental Health Providers: 1:886 State Mental Health Providers: 1:326	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Mental Health Providers. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Mountain West	Payor Mix	Uninsured: 14.0% Medicaid: 23.2% Medicare: 15.2% Private Pay: 47.5%	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.

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Page	Region	Section	Fact	Citation
1	Southwest	Southwest Region	Counties included in the Southwest Region: Archuleta, Delta, Dolores, Gunnison, Hinsdale, La Plata, Montezuma, Montrose, Ouray, San Juan, San Miguel (11 Total)	Colorado State Office of Rural Health: Colorado Rural Health Center (CRHC). September 2018. Link to the State Office of Rural Health: Colorado Rural Health Center.
1	Southwest	Demographics	199,805 Total Population (About 27% of the rural population).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	Southwest	Demographics	30% - % Single Family Households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children in Single Parent Households. Retrieved April 20, 2018. Link to County Health Rankings.
1	Southwest	Demographics	13% - % Living Under the Federal Poverty Line (state average - 12%).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	Southwest	Demographics	44 - 2020 Median Projected Age (compared to the state projected median age of 38).	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018, from Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to the Colorado State Demography Office.
1	Southwest	Demographics	8% - % of the region enrolled in SNAP.	Hamm, K. (2017, January 10). Food stamps in Colorado: An interactive county-by-county breakdown. Retrieved September 25, 2018 from the Denver Post. Link to the Denver Post Article.
1	Southwest	Demographics	45% of children are eligible for free & reduced lunch.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children Eligible for Free or Reduced Price Lunch. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Southwest	High School Graduation	82% - % of High School Graduates (state: 77%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: High school graduation. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Southwest	High School Graduation	66% - % of the population has some college education (state: 71%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Some College. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Southwest	Median Income	\$51,567 - Average Median Income Lowest Median Income: Montezuma at \$40,679 Highest Median Income: San Miguel at \$67,251 The Southwest region has a median income \$18,277 below the average urban median income of \$69,844.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Median Household Income. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Southwest	Health Outcomes	19% - % of adult obesity (compared to the state average of 21%) Lowest Obesity: Gunnison County at 15% Highest Obesity: Delta County: 23%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Obesity. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Southwest	Health Outcomes	6% - % of region with adult diabetes (compared to the state average of 6%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Diabetes. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Southwest	Health Outcomes	This region's Teen Birth rate is 24 per 1,000 female population, ages 15-19 while the rate of Colorado is 24 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Teen Births. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Southwest	Health Outcomes	10% - % of children with low birthweight (compared to the state average of 9%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Low Birthweight. Retrieved September 25, 2018, from County Health Rankings. * Please Note: For counties with fewer than 20 births a missing value for all values is reported. For counties with between 20 and 99 births a gamma adjustment from the poisson distribution is used to calculate the CIs. Link to County Health Rankings.
2	Southwest	Mental and Behavioral Health	Active, Licensed Addiction Counselors - 21	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved October 4, 2017. Colorado Department of Regulatory Agencies (March 2017). Please Note: A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute.
2	Southwest	Mental and Behavioral Health	Inpatient Mental Health Facilities: 0	Colorado Mental Health Hold Task Force Final Report and Recommendations. Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. Link to Mental Health Hold Task Force Final Report.
2	Southwest	Mental and Behavioral Health	Opioid Prescriptions dispensed per 100 people: 56	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018, from Centers for Disease Control and Prevention (CDC). Link to State and County Prescribing Rate Maps.
2	Southwest	Mental and Behavioral Health	Average Age-Adjusted Death Rate per 100,000 population: 17	Drug Poisoning Mortality in the United States, 1999-2016. Retrieved January 15, 2019 from CDC/National Center for Health Statistics. Link to CDC: National Center for Health Statistics - Drug Poisoning Mortality.
2	Southwest	Mental and Behavioral Health	Annual Suicide Rate (per 100,000 individuals): 31	Colorado Violent Death Reporting System (COVDRS). (2017). Retrieved January 9, 2019, from The Colorado Office of Planning, Partnerships and Improvement & Colorado Center for Health and Environmental Data. *Please Note: In some cases, the population may be too small, indicating that numbers may not be statistically significant and that some county data can be suppressed. For the Northwest and San Luis Valley Regions, rates are based off of 2016 and 2017 estimates, as all (or nearly all) county data for the region for 2017 was suppressed. Link to Colorado Violent Death Reporting System (COVDRS).
2	Southwest	Rural Health Facilities	3 Critical Access Hospitals, 8 Federally Certified Rural Health Clinics 11 Designated Rural Facilities	1. Critical Access Hospital Locations. Flex Monitoring Team: A Performance Monitoring Resource for Critical Access Hospitals, States, and Communities. Retrieved January 8, 2019. 2. Colorado Rural Health Center - State Office of Rural Health (SORH). Designated Facilities: RHC, Rural Facilities. Retrieved January 8, 2019 from CRHC sources and organizational database [CRM]. Link to Flex Monitoring: CAH Designations.
2	Southwest	Patients Per Provider	Regional Physicians: 1:1502 State Physicians: 1:1243	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Primary Care Physicians. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Southwest	Patients Per Provider	Regional Dentist:1:1824 State Dentists:1:1291	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Dentists. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Southwest	Patients Per Provider	Regional Mental Health Providers: 1:653 State Mental Health Providers: 1:326	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Mental Health Providers. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Southwest	Payor Mix	Uninsured: 10.7% Medicaid: 23.1% Medicare: 17.9% Private Pay: 47.8%	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.

Page	Region	Section	Fact	Citation
1	San Luis Valley	San Luis Valley Region	Counties included in the San Luis Valley Region: Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache (6 Total)	Colorado State Office of Rural Health: Colorado Rural Health Center (CRHC). September 2018. Link to the State Office of Rural Health: Colorado Rural Health Center.
1	San Luis Valley	Demographics	46,240 Total Population (About 6% of the rural population).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to County Health Rankings.
1	San Luis Valley	Demographics	26% - % Single Family Households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children in Single Parent Households. Retrieved April 20, 2018. Link to County Health Rankings.
1	San Luis Valley	Demographics	22% - % Living Under the Federal Poverty Line (state average - 12%).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	San Luis Valley	Demographics	44 - 2020 Median Projected Age (compared to the state projected median age of 38).	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018, from Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to the Colorado State Demography Office.
1	San Luis Valley	Demographics	19% - % of the region enrolled in SNAP.	Hamm, K. (2017, January 10). Food stamps in Colorado: An interactive county-by-county breakdown. Retrieved September 25, 2018 from the Denver Post. Link to the Denver Post Article.
1	San Luis Valley	Demographics	71% of children are eligible for free & reduced lunch.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children Eligible for Free or Reduced Price Lunch. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	San Luis Valley	High School Graduation	81% - % of High School Graduates (state: 77%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: High school graduation. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	San Luis Valley	High School Graduation	58% - % of the population has some college education (state: 71%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Some College. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	San Luis Valley	Median Income	\$37,733 - Average Median Income Lowest Median Income: Costilla at \$27,211 Highest Median Income: Mineral at \$52,641 The San Luis Valley region has a median income \$32,111 below the average urban median income of \$69,844.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Median Household Income. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	San Luis Valley	Health Outcomes	22% - % of adult obesity (compared to the state average of 21%) Lowest Obesity: Mineral County at 19% Highest Obesity: Conejos County: 24%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Obesity. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	San Luis Valley	Health Outcomes	7% - % of region with adult diabetes (compared to the state average of 6%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Diabetes. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	San Luis Valley	Health Outcomes	This region's Teen Birth rate is 37 per 1,000 female population, ages 15-19 while the rate of Colorado is 24 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Teen Births. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	San Luis Valley	Health Outcomes	12% - % of children with low birthweight (compared to the state average of 9%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Low Birthweight. Retrieved September 25, 2018, from County Health Rankings. * Please Note: For counties with fewer than 20 births a missing value for all values is reported. For counties with between 20 and 99 births a gamma adjustment from the poisson distribution is used to calculate the CIs. Link to County Health Rankings.
2	San Luis Valley	Mental and Behavioral Health	Active, Licensed Addiction Counselors - 10	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved October 4, 2017. Colorado Department of Regulatory Agencies (March 2017). Please Note: A *** symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute.
2	San Luis Valley	Mental and Behavioral Health	Inpatient Mental Health Facilities: 0	Colorado Mental Health Hold Task Force Final Report and Recommendations: Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. Link to Mental Health Hold Task Force Final Report.
2	San Luis Valley	Mental and Behavioral Health	Opioid Prescriptions dispensed per 100 people: 65	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018, from Centers for Disease Control and Prevention (CDC). Link to State and County Prescribing Rate Maps.
2	San Luis Valley	Mental and Behavioral Health	Average Age-Adjusted Death Rate per 100,000 population: 23	Drug Poisoning Mortality in the United States, 1999-2016. Retrieved January 15, 2019 from CDC/National Center for Health Statistics. Link to CDC National Center for Health Statistics - Drug Poisoning Mortality.
2	San Luis Valley	Mental and Behavioral Health	Annual Suicide Rate (per 100,000 individuals): 22	Colorado Violent Death Reporting System (COVDRS). [2017]. Retrieved January 9, 2019, from The Colorado Office of Planning, Partnerships and Improvement & Colorado Center for Health and Environmental Data. *Please Note: In some cases, the population may be too small, indicating that numbers may not be statistically significant and that some county data can be suppressed. For the Northwest and San Luis Valley Regions, rates are based off of 2016 and 2017 estimates, as all (or nearly all) county data for the region for 2017 was suppressed. Link to Colorado Violent Death Reporting System (COVDRS).
2	San Luis Valley	Rural Health Facilities	2 Critical Access Hospitals, 5 Federally Certified Rural Health Clinics, 12 Designated Rural Facilities	1. Critical Access Hospital Locations. Flex Monitoring Team: A Performance Monitoring Resource for Critical Access Hospitals, States, and Communities. Retrieved January 8, 2019. 2. Colorado Rural Health Center - State Office of Rural Health (SORH). Designated Facilities: RHC, Rural Facilities. Retrieved January 8, 2019 from CRHC sources and organizational database (CRM). Link to Flex Monitoring: CAH Designations.
2	San Luis Valley	Patients Per Provider	Regional Physicians: 1:1344 State Physicians: 1:1243	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Primary Care Physicians. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	San Luis Valley	Patients Per Provider	Regional Dentist: 1:5540 State Dentists: 1:1291	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Dentists. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	San Luis Valley	Patients Per Provider	Regional Mental Health Providers: 1:3615 State Mental Health Providers: 1:326	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Mental Health Providers. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	San Luis Valley	Payor Mix	Uninsured: 12.9% Medicaid: 33.1% Medicare: 16.3% Private Pay: 37.5%	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.

Page	Region	Section	Fact	Citation
1	Eastern Plains	Eastern Plains Region	Counties included in the Eastern Plains Region: Baca, Bent, Cheyenne, Crowley, Huerfano, Kiowa, Kit Carson, Las Animas, Lincoln, Logan, Morgan, Otero, Phillips, Prowers, Sedgwick, Washington, Yuma. (17 Total)	Colorado State Office of Rural Health: Colorado Rural Health Center (CRHC). September 2018. Link to the State Office of Rural Health: Colorado Rural Health Center.
1	Eastern Plains	Demographics	155,033 Total Population (About 21% of the rural population).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	Eastern Plains	Demographics	31% - % Single Family Households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children in Single Parent Households. Retrieved April 20, 2018. Link to County Health Rankings.
1	Eastern Plains	Demographics	19% - % Living Under the Federal Poverty Line (state average - 12%).	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.
1	Eastern Plains	Demographics	43 - 2020 Median Projected Age (compared to the state projected median age of 38).	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018, from Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to the Colorado State Demography Office.
1	Eastern Plains	Demographics	12% - % of the region enrolled in SNAP.	Hamm, K. (2017, January 10). Food stamps in Colorado: An interactive county-by-county breakdown. Retrieved September 25, 2018 from the Denver Post. Link to the Denver Post Article.
1	Eastern Plains	Demographics	57% of children are eligible for free & reduced lunch.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Children Eligible for Free or Reduced Price Lunch. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Eastern Plains	High School Graduation	69% - % of High School Graduates (state: 77%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: High school graduation. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Eastern Plains	High School Graduation	55% - % of the population has some college education (state: 71%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Some College. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Eastern Plains	Median Income	\$42,635 - Average Median Income Lowest Median Income: Bent at \$33,951 Highest Median Income: Cheyenne at \$50,558 The eastern plains region has a median income \$27,209 below the average urban median income of \$69,844.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Median Household Income. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Eastern Plains	Health Outcomes	25% - % of adult obesity (compared to the state average of 21%) Lowest Obesity: Kiowa County at 21% Highest Obesity: Logan County: 29%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Obesity. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Eastern Plains	Health Outcomes	7% - % of region with adult diabetes (compared to the state average of 6%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Adult Diabetes. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Eastern Plains	Health Outcomes	This region's Teen Birth rate is 38 per 1,000 female population, ages 15-19 while the rate of Colorado is 24 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Teen Births. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
1	Eastern Plains	Health Outcomes	9% - % of children with low birthweight (compared to the state average of 9%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Low Birthweight. Retrieved September 25, 2018, from County Health Rankings. * Please Note: For counties with fewer than 20 births a missing value for all values is reported. For counties with between 20 and 99 births a gamma adjustment from the poisson distribution is used to calculate the CIs. Link to County Health Rankings.
2	Eastern Plains	Mental and Behavioral Health	Active, Licensed Addiction Counselors - 12	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved October 4, 2017. Colorado Department of Regulatory Agencies (March 2017). Please Note: A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute.
2	Eastern Plains	Mental and Behavioral Health	Inpatient Mental Health Facilities: 0	Colorado Mental Health Hold Task Force Final Report and Recommendations. Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. Link to Mental Health Hold Task Force Final Report.
2	Eastern Plains	Mental and Behavioral Health	Opioid Prescriptions dispensed per 100 people: 65	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018, from Centers for Disease Control and Prevention (CDC). Link to State and County Prescribing Rate Maps.
2	Eastern Plains	Mental and Behavioral Health	Average Age-Adjusted Death Rate per 100,000 population: 19	Drug Poisoning Mortality in the United States, 1999-2016. Retrieved January 15, 2019 from CDC/National Center for Health Statistics. Link to CDC: National Center for Health Statistics - Drug Poisoning Mortality.
2	Eastern Plains	Mental and Behavioral Health	Annual Suicide Rate (per 100,000 individuals): 36	Colorado Violent Death Reporting System (COVDRS). (2017). Retrieved January 9, 2019, from The Colorado Office of Planning, Partnerships and Improvement & Colorado Center for Health and Environmental Data. *Please Note: In some cases, the population may be too small, indicating that numbers may not be statistically significant and that some county data can be suppressed. For the Northwest and San Luis Valley Regions, rates are based off of 2016 and 2017 estimates, as all (or nearly all) county data for the region for 2017 was suppressed. Link to Colorado Violent Death Reporting System (COVDRS).
2	Eastern Plains	Rural Health Facilities	15 Critical Access Hospitals, 20 Federally Certified Rural Health Clinics, 35 Designated Rural Facilities.	1. Critical Access Hospital Locations. Flex Monitoring Team: A Performance Monitoring Resource for Critical Access Hospitals, States, and Communities. Retrieved January 8, 2019. 2. Colorado Rural Health Center - State Office of Rural Health (SORH). Designated Facilities: RHC, Rural Facilities. Retrieved January 8, 2019 from CRHC sources and organizational database [CRM]. Link to Flex Monitoring: CAH Designations.
2	Eastern Plains	Patients Per Provider	Regional Physicians: 1:2881 State Physicians: 1:1243	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Primary Care Physicians. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Eastern Plains	Patients Per Provider	Regional Dentist: 1:2894 State Dentists: 1:1291	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Dentists. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Eastern Plains	Patients Per Provider	Regional Mental Health Providers: 1:1167 State Mental Health Providers: 1:326	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Mental Health Providers. Retrieved September 25, 2018, from County Health Rankings. Link to County Health Rankings.
2	Eastern Plains	Payor Mix	Uninsured: 8.8% Medicaid: 30.2% Medicare: 15.9% Private Pay: 45.0%	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 19, 2017. Please Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Link to the Colorado Health Institute.

