Northwest Region

Demographics
- 40.6% Total Hispanic (above 80% of the rural population)
- 38% Male
- $59,000 - Average Median Income
- 38% of children are eligible for free & reduced lunch
- 80% of children have health insurance
- 90% of families and households have internet
- 38% of residents are cell-only

Health Outcomes
- Average Age-Adjusted Death Rate per 100,000 population: 19
- Inpatient Mental Health Facilities: 0
- Mental Health Facilities: 3
- Women: 2.3
- Highest Obesity: Moffat County: 25%
- Lowest Obesity: Rio Blanco: 19.2%

Health Providers
- Primary Care: 1:193
- Obstetrician Gynecologist: 1:2506
- Pediatrician: 1:205
- Behavioral Health Provider: 1:99
- Regional Dentist: 1:2313
- State Dentists: 1:1291

Payor Mix
- Medicaid: 13.7%
- Medicare: 11.2%
- Private Pay: 58.5%
- Uninsured: 16.5%
- Foods Stamps in Colorado: $596

Rural Health Facilities
- 4 Critical Access Hospitals, 8 Federally Certified Rural Health Clinics, 12 Designated Rural Facilities

Uninsured: 16.5%          Medicaid: 13.7%          Medicare:11.2%           Private Pay:58.5%


The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data.

The data may be used for educational purposes, public health planning, and to improve health outcomes and health care delivery in rural communities.

Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. The data includes only those residents who are a legal resident of Colorado. It does not include those residents who are in residence or a practice location.

*Please Note: In some cases, the population may be comprised of more than one count. In these cases, the population is split between the counties.

Link to the Colorado Health Institute.

Link to the State Office of Rural Health: Colorado Rural Health Center.

Link to the Denver Post Article.

Link to the Colorado Health Institute.

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Colorado Violent Death Reporting System (COVDRS). (2017). Retrieved January 9, 2019, from The Colorado Office of Planning, and Improvement & Colorado Center for Health and Environmental Data. *Please Note: In some cases, the population may be a count of all rural residents or a practice location.

Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2018, April). Colorado County Data: Teen Births. Retrieved September 25, 2018, from County Health Rankings. * Please Note: For counties with fewer than 20 births a missing value for all values is reported. For counties with between 20 and 99 births a gamma adjustment from the poisson distribution is calculated.


Birthweight. Retrieved September 25, 2018, from County Health Rankings. * Please Note: For counties with fewer than 20 births a missing value for all values is reported. For counties with between 20 and 99 births a gamma adjustment from the poisson distribution is calculated.


Opioid Prescriptions dispensed per 100 people: 54

Highest Obesity: Fremont County: 24%

Highest Median Income: Eagle at $79,556

Lowest Median Income: Fremont at $43,672

42 - 2020 Median Projected Age (compared to the state projected median age of 38).

Regional Physicians: 1:1443         State Physicians: 1:1243

<table>
<thead>
<tr>
<th>Region</th>
<th>Fact</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>Southwest</td>
<td>Total Population (ranked 5th of the rural populations)</td>
<td>The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These data are collected by the Colorado Health Institute, with a summary of the surveillance system or survey, the metrics included in the workbook and any notes or limitations to keep in mind when analyzing the data. Links to the Colorado Health Institute, Flex Monitoring: CAH Designations, and State Rural Health Coordinators. September 25, 2018. Colorado Department of Health.</td>
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<td>Southwest</td>
<td>% of High School Graduates (state: 77%).</td>
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<td>Southwest</td>
<td>% of the region enrolled in SNAP.</td>
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<td>Southwest</td>
<td>Average Median Income $51,567.</td>
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<td>Southwest</td>
<td>Patients Per Provider. Regional Physicians: 1:1502; State Physicians: 1:1243.</td>
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<td>Southwest</td>
<td>Regional Mental Health Providers: 1:653; State Mental Health Providers: 1:326.</td>
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<td>Southwest</td>
<td>Regional Dentist: 1:1824; State Dentists: 1:1291.</td>
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<td>Southwest</td>
<td>% of region with adult diabetes.</td>
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<td>% of region with women with adult obesity.</td>
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<td>% of region with high school graduates.</td>
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**San Luis Valley**

**Demographics**
- **2020 Total Population**: 82,872 (estimated)
- **2020 Number of High School Graduates**: 7,771 (estimated)

**Health Outcomes**
- **26% - % Single Family Households** (compared to the state average of 28%).
- **71% of children are eligible for free & reduced lunch**.

**San Luis Valley**

**High School Graduation**
- **2020 Median F/P/E Age (percentile) in the 2020 F/P/E age percentile**: 64%

**Uninsured**: 12.9%
- **Medicaid**: 33.1%
- **Medicare**: 16.3%
- **Private Pay**: 37.5%

**19% - % of the region enrolled in SNAP.**

**San Luis Valley**

**Health Outcomes**
- **42% - % of the region enrolled in SNAP.**
- **26% of children in the region are eligible for free and reduced lunch.**

**San Luis Valley**

**Mental and Behavioral**
- **Patients Per Provider**: Regional Mental Health Providers: 1:3615; State Mental Health Providers: 1:326
- **Regional Dentist**: 1:5540; State Dentists: 1:1291

**San Luis Valley**

**Diabetes. Retrieved September 25, 2018, from County Health Rankings.**

**San Luis Valley**

**Medicaid. Retrieved September 25, 2018, from County Health Rankings.**

**San Luis Valley**

**7% - % of region with adult diabetes (compared to the state average of 6%).**

**San Luis Valley**

**Medication. Retrieved September 25, 2018, from County Health Rankings.**

**San Luis Valley**

**71% of children are eligible for free & reduced lunch**.

**San Luis Valley**

**81% - % of High School Graduates (state: 77%).**

**San Luis Valley**

**Health Outcomes**
- **37,733 - Average Median Income**
- **This region’s Teen Birth rate is 37 per 1,000 female population, ages 15-19 while the rate of Colorado is 24 per 1,000.**
- **7% - % of region with adult diabetes (compared to the state average of 6%).**

**San Luis Valley**

**Medication. Retrieved September 25, 2018, from County Health Rankings.**

**San Luis Valley**

**71% of children are eligible for free & reduced lunch**.
The Eastern Plains Region includes the following counties: Baca, Bent, Cheyenne, Crowley, Huerfano, Kiowa, Kit Carson, Las Animas, Lincoln, Logan, Otero, Phillips, Prowers, and Truman. This region has a population of 539,488.

**Eastern Plains**


- 4% of children are eligible for free & reduced lunch.
- 55% - % of the population has some college education (state: 71%).
- 19% - % Living Under the Federal Poverty Line (state average - 12%).
- 1 Eastern Plains Region

**Health Outcomes**

- This region's Teen Birth rate is 38 per 1,000 female population, ages 15-19 while the rate of Colorado is 24 per 1,000.
- *Average Age-Adjusted Death Rate per 100,000 population: 19
- Inpatient Mental Health Facilities: 0
- Active, Licensed Addiction Counselors - 12
- Highest Median Income: Cheyenne at $50,558
- Lowest Median Income: Bent at $33,951

**Demographics**

- 57% of children are eligible for free & reduced lunch.
- 55% - % of the population has some college education (state: 71%).
- 19% - % Living Under the Federal Poverty Line (state average - 12%).
- 1 Eastern Plains Region

**Health Outcomes**

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