

2021 Regional Snapshots of Rural Health: Sources & Citations

2021 Snapshot of Rural Health - Eastern Plains Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	Eastern Plains	Demographics	The Eastern Plains Region, counties include: Baca, Bent, Cheyenne, Crowley, Huerfano, Kiowa, Kit Carson, Las Animas, Lincoln, Logan, Morgan, Otero, Phillips, Prowers, Sedgwick, Washington, Yuma	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.
2	Eastern Plains	Demographics	154,775 people are forecasted to live in the Eastern Plains (Approximately 22% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age - County (Forecasted: 2021). Retrieved January 9, 2021. Link to the Colorado State Demography Office.
2	Eastern Plains	Demographics	29% of households in this region are single-parent households (compared to the state average of 27%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Children in Single Parent Households. Retrieved January 9, 2021. Link to County Health Rankings.
2	Eastern Plains	Demographics	In this region, 18% of the population is living in poverty compared to the state average of 9%.	United States Census Bureau, "Small Area Income and Poverty Estimates (SAIPE)" Data Tool. (2019). Retrieved January 27, 2021. Link to Census Bureau Data Tool.
2	Eastern Plains	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2020 is \$26,200.	Federal Poverty Guidelines. (2019-2020). Retrieved January 9, 2021, US Department of Health and Human Services. Link to Federal Poverty Guidelines.
2	Eastern Plains	Demographics	Median Age: 42 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data: Median Age 2021. Retrieved January 9, 2021. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to Colorado State Demography Office.
2	Eastern Plains	Demographics	14% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Colorado Department of Human Services (CDHS). "Food assistance data". [Raw Data]. Retrieved January 9, 2021. *Total 2019 Population estimated using CDLA Population by Year Data. Link to Food Assistance Data.
2	Eastern Plains	Demographics	57% of children in this region are eligible for free or reduced price lunch (compared to the State Average of 42%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Free or Reduced Lunch. Retrieved January 9, 2021. Link to County Health Rankings.
2	Eastern Plains	Demographics	86% of high school students graduate in this region, compared to the state average of 81%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: High school graduation. Retrieved January 9, 2021. Link to County Health Rankings.
2	Eastern Plains	Demographics	55% of the population has some college education, compared to the state average of 72%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Some College. Retrieved January 9, 2021. Link to County Health Rankings.
2	Eastern Plains	Demographics	The average median income for this region is \$45,316.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	Eastern Plains	Demographics	Lowest Median Income County in Region: Crowley \$35,880; Highest Median Income County in Region: Morgan \$55,387	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	Eastern Plains	Demographics	The eastern plains region has a median income \$31,046 below the average urban median income of \$76,362	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	Eastern Plains	Demographics	Average Region Median Home Price: \$130,162 Average Mortgage Cost: \$526	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices.

2	Eastern Plains	Demographics	In 2016, there were 336 housing foreclosures in this region, with the highest percentage (21%) occurring in Morgan County.	Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado. (2016). Published raw data. Retrieved September 20, 2018. Link to Colorado Information Marketplace (CIM).
2	Eastern Plains	Demographics	Home Price in Morgan County: \$195,929 Average Mortgage Cost: \$792 (Both are the highest of all counties in this region)	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices.
2	Eastern Plains	Health Outcomes	31% of adults in this region are considered obese, compared to the state of Colorado at 22%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data-Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings.
2	Eastern Plains	Health Outcomes	Lowest Percentage County in Region for Obesity: Cheyenne at 24%; Highest Percentage County in Region for Obesity: Logan at 38%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data-Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings.
2	Eastern Plains	Health Outcomes	10% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Diabetes. Retrieved January 10, 2021. Link to County Health Rankings.
2	Eastern Plains	Health Outcomes	This region's Teen Birth rate is 30 per 1,000 female population, ages 15-19 while the rate of Colorado is 19 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings.
2	Eastern Plains	Health Outcomes	Lowest Teen Birth Rate County in Region: Lincoln - 20 per 1,000; Highest Teen Birth Rate County in Region: Crowley - 40 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings.
2	Eastern Plains	Health Outcomes	There are 577 Active, Licensed/Certified Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors and Active Certified Addiction Counselors. Retrieved January 10, 2021. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute.
3	Eastern Plains	Mental Health & Behavioral Health	There is 1 Inpatient Mental Health Facility in this region, however it is specific to geriatric behavioral health.	Substance Abuse and Mental Health Services Administration (SAMHSA): Treatment Locator: SU & MH Hospital Inpatient Services. Result "Colorado Plains Medical Center Geriatric Behavioral Health Unit". Retrieved January 27, 2021. Link to SAMHSA Treatment Locator
3	Eastern Plains	Mental Health & Behavioral Health	The retail opioid dispensing rate in this region is 31.4 per 100 persons in 2019, compared to the state rate of 31.1 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2019). Retrieved January 10, 2021. Centers for Disease Control and Prevention (CDC). Link to the Centers for Disease Control.
3	Eastern Plains	Mental Health & Behavioral Health	In 2019, the region's crude suicide rate for those counties which reported is 22.5 per 100,000 population compared to the state rate of 22.3 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: COVIDS_12.1.17). (2019). Retrieved January 10, 2021. Colorado Center for Health and Environmental Data. Link to Colorado's Violent Death Reporting System.
3	Eastern Plains	Designated Rural Health Facilities	CAHs in this region: 16	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved January 10, 2021, from https://cha.com/colorado-hospitals/find-a-hospital/ . Colorado Hospital Association (CHA). Link to CHA.
3	Eastern Plains	Designated Rural Health Facilities	RHCs in this region: 20	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.
3	Eastern Plains	Designated Rural Health Facilities	FQHCs in this region: 17	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 11, 2021. Link to CCHN Community Health Centers Map.
3	Eastern Plains	Designated Rural Health Facilities	Total Designated Rural Facilities: 53	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.

3	Eastern Plains	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 2,269:1, compared to the state of Colorado 1,219:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Primary Care Providers. Retrieved January 11, 2021. Link to County Health Rankings
3	Eastern Plains	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 2,290:1, compared to the state of Colorado 1,256:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings
3	Eastern Plains	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 1,064:1, compared to the state of Colorado 281:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings
3	Eastern Plains	Designated Rural Health Facilities	33% of this region is enrolled in Medicaid.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicaid Enrollment by County" (September 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard
3	Eastern Plains	Designated Rural Health Facilities	23% of this region is enrolled in Medicare.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicare Enrollment by County" (October 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard
3	Eastern Plains	Designated Rural Health Facilities	12% of this region is Uninsured.	Colorado Department of Local Affairs. "American Community Survey - Colorado Data: Health Insurance Coverage by County [2013-2017]". Retrieved January 27, 2021. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to Colorado Department of Local Affairs

2021 Snapshot of Rural Health - Mountain West Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	Mountain West	Demographics	The Mountain West Region, counties include: Chaffee, Custer, Eagle, Fremont, Garfield, Lake, Pitkin, Summit	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website
2	Mountain West	Demographics	246,955 people are forecasted to live in the Mountain West (Approximately 34% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age - County (Forecasted: 2021). Retrieved January 9, 2021. Link to the Colorado State Demography Office
2	Mountain West	Demographics	25% of households in this region are single-parent households (compared to the state average of 27%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Children in Single Parent Households. Retrieved January 9, 2021. Link to County Health Rankings
2	Mountain West	Demographics	In this region, 10% of the population is living in poverty compared to the state average of 9%.	United States Census Bureau, "Small Area Income and Poverty Estimates (SAIPE)" Data Tool. (2019). Retrieved January 27, 2021. Link to Census Bureau Data Tool
2	Mountain West	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2020 is \$26,200.	Federal Poverty Guidelines. (2019-2020). Retrieved January 9, 2021, US Department of Health and Human Services. Link to Federal Poverty Guidelines
2	Mountain West	Demographics	Median Age: 42 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data: Median Age 2021. Retrieved January 9, 2021. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to Colorado State Demography Office
2	Mountain West	Demographics	6% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Colorado Department of Human Services (CDHS). "Food assistance data". (Raw Data). Retrieved January 9, 2021. "Total 2019 Population estimated using CDLA Population by Year Data." Link to Food Assistance Data

2	Mountain West	Demographics	41% of children in this region are eligible for free or reduced price lunch (compared to the State Average of 42%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Free or Reduced Lunch. Retrieved January 9, 2021. Link to County Health Rankings
2	Mountain West	Demographics	84% of high school students graduate in this region, compared to the state average of 81%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: High school graduation. Retrieved January 9, 2021. Link to County Health Rankings
	Mountain West	Demographics	62% of the population has some college education, compared to the state average of 72%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Some College. Retrieved January 9, 2021. Link to County Health Rankings
2	Mountain West	Demographics	The average median income for this region is \$67,691.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings
2	Mountain West	Demographics	Lowest Median Income County in Region: Fremont \$47,885; Highest Median Income County in Region: Pitkin \$89,034	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings
2	Mountain West	Demographics	The mountain west region has a median income \$8,671 lower than the average urban median income of \$76,362	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings
2	Mountain West	Demographics	Average Region Median Home Price: \$404,630 Average Mortgage Cost: \$1,636	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices
2	Mountain West	Demographics	In 2016, there were 355 housing foreclosures in this region, with the highest percentage (31%) occurring in Fremont County.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016). Published raw data. Retrieved September 20, 2018. Link to Colorado Information Marketplace (CIM)
2	Mountain West	Demographics	Home Price in Fremont County: \$173,982 Average Mortgage Cost: \$704	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices
2	Mountain West	Health Outcomes	20% of adults in this region are considered obese, compared to the state of Colorado at 22%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings
2	Mountain West	Health Outcomes	Lowest Percentage County in Region for Obesity: Eagle at 13%; Highest Percentage County in Region for Obesity: Custer at 28%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings
2	Mountain West	Health Outcomes	5% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Diabetes. Retrieved January 10, 2021. Link to County Health Rankings
2	Mountain West	Health Outcomes	This region's Teen Birth rate is 21 per 1,000 female population, ages 15-19 while the rate of Colorado is 19 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings
2	Mountain West	Health Outcomes	Lowest Teen Birth Rate County in Region: Pitkin - 4 per 1,000 ; Highest Teen Birth Rate County in Region: Lake - 35 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings
2	Mountain West	Health Outcomes	There are 128* Active, licensed/Certified Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors and Active Certified Addiction Counselors. Retrieved January 10, 2021. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute
3	Mountain West	Mental Health & Behavioral Health	There are 0 inpatient Mental Health Facilities in this region.	Substance Abuse and Mental Health Services Administration (SAMHSA). Treatment Locator: SU & MH Hospital Inpatient Services. Result: "Colorado Plains Medical Center Geriatric Behavioral Health Unit". Retrieved January 27, 2021. Link to SAMHSA Treatment Locator
3	Mountain West	Mental Health & Behavioral Health	The retail opioid dispensing rate in this region is 30.2 per 100 persons in 2019, compared to the state rate of 31.1 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2019). Retrieved January 10, 2021. Centers for Disease Control and Prevention (CDC). Link to the Centers for Disease Control
3	Mountain West	Mental Health & Behavioral Health	In 2019, the region's crude suicide rate for those counties which reported is 32.6 per 100,000 population compared to the state rate of 22.3 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: ColVDRS_12.1.17). (2019). Retrieved January 10, 2021. Colorado Center for Health and Environmental Data. Link to Colorado's Violent Death Reporting System
3	Mountain West	Designated Rural Health Facilities	CAHs in this region: 5	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved January 10, 2021, from https://cha.com/colorado-hospitals/find-a-hospital/ . Colorado Hospital Association (CHA). Link to CHA
3	Mountain West	Designated Rural Health Facilities	RHCs in this region: 8	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website
3	Mountain West	Designated Rural Health Facilities	FQHCs in this region: 28	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 11, 2021. Link to CCHN Community Health Centers Map
3	Mountain West	Designated Rural Health Facilities	Total Designated Rural Facilities: 41	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website

3	Mountain West	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 1,450:1, compared to the state of Colorado 1,219:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Primary Care Providers. Retrieved January 11, 2021. Link to County Health Rankings.
3	Mountain West	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 1,733:1, compared to the state of Colorado 1,256:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings.
3	Mountain West	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 763:1, compared to the state of Colorado 281:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings.
3	Mountain West	Designated Rural Health Facilities	18% of this region is enrolled in Medicaid.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicaid Enrollment by County" (September 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard.
3	Mountain West	Designated Rural Health Facilities	20% of this region is enrolled in Medicare.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicare Enrollment by County" (October 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard.
3	Mountain West	Designated Rural Health Facilities	12% of this region is Uninsured.	Colorado Department of Local Affairs. "American Community Survey - Colorado Data: Health Insurance Coverage by County (2013-2017)". Retrieved January 27, 2021. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to Colorado Department of Local Affairs.

2021 Snapshot of Rural Health - Northwest Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	Northwest	Demographics	The Northwest Region, counties include: Grand, Jackson, Moffat, Rio Blanco, Routt	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.
2	Northwest	Demographics	62,616 people are forecasted to live in the Northwest (Approximately 9% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age-County (Forecasted: 2021). Retrieved January 9, 2021. Link to the Colorado State Demography Office.
2	Northwest	Demographics	23% of households in this region are single-parent households (compared to the state average of 27%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Children in Single Parent Households. Retrieved January 9, 2021. Link to County Health Rankings.
2	Northwest	Demographics	In this region, 10% of the population is living in poverty compared to the state average of 9%.	United States Census Bureau, "Small Area Income and Poverty Estimates (SAIPE)" Data Tool. (2019). Retrieved January 27, 2021. Link to Census Bureau Data Tool.
2	Northwest	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2020 is \$26,200.	Federal Poverty Guidelines. (2019-2020). Retrieved January 9, 2021, US Department of Health and Human Services. Link to Federal Poverty Guidelines.
2	Northwest	Demographics	Median Age: 42 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data: Median Age 2021. Retrieved January 9, 2021. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to Colorado State Demography Office.
2	Northwest	Demographics	6% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Colorado Department of Human Services (CDHS). "Food assistance data". (Raw Data). Retrieved January 9, 2021. *Total 2019 Population estimated using CDLA Population by Year Data. Link to Food Assistance Data.

2	Northwest	Demographics	36% of children in this region are eligible for free or reduced price lunch (compared to the State Average of 42%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Free or Reduced Lunch. Retrieved January 9, 2021. Link to County Health Rankings.
2	Northwest	Demographics	90% of high school students graduate in this region, compared to the state average of 81%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: High school graduation. Retrieved January 9, 2021. Link to County Health Rankings.
2	Northwest	Demographics	64% of the population has some college education, compared to the state average of 72%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Some College. Retrieved January 9, 2021. Link to County Health Rankings.
2	Northwest	Demographics	The average median income for this region is \$64,923.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	Northwest	Demographics	Lowest Median Income County in Region: Jackson \$51,457; Highest Median Income County in Region: Routt \$81,033.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	Northwest	Demographics	The northwest region has a median income \$11,439 lower than the average urban median income of \$76,362	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	Northwest	Demographics	Average Region Median Home Price: \$293,116 Average Mortgage Cost: \$1,185	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices.
2	Northwest	Demographics	In 2016, there were 145 housing foreclosures in this region with the highest percentage (40%) occurring in Moffat County.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016). Published Jan data. Retrieved September 20, 2018. Link to Colorado Information Marketplace (CIM).
2	Northwest	Demographics	Home Price in Moffat County: \$181,866 Average Mortgage Cost: \$735	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices.
2	Northwest	Health Outcomes	23% of adults in this region are considered obese, compared to the state of Colorado at 22%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings.
2	Northwest	Health Outcomes	Lowest Percentage County in Region for Obesity: Routt at 16%; Highest Percentage County in Region for Obesity: Jackson at 28%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings.
2	Northwest	Health Outcomes	6% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Diabetes. Retrieved January 10, 2021. Link to County Health Rankings.
2	Northwest	Health Outcomes	This region's Teen Birth rate is 18 per 1,000 female population, ages 15-19 while the rate of Colorado is 19 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings.
2	Northwest	Health Outcomes	Lowest Teen Birth Rate County in Region: Routt - 8 per 1,000 ; Highest Teen Birth Rate County in Region: Moffat - 36 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings.
2	Northwest	Health Outcomes	There are 29* Active, Licensed/Certified Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors and Active Certified Addiction Counselors. Retrieved January 10, 2021. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute.
3	Northwest	Mental Health & Behavioral Health	There are 0 Inpatient Mental Health Facilities in this region.	Substance Abuse and Mental Health Services Administration (SAMHSA). Treatment Locator: SU & MH Hospital Inpatient Services. Result: "Colorado Plains Medical Center Geriatric Behavioral Health Unit". Retrieved January 27, 2021. Link to SAMHSA Treatment Locator
3	Northwest	Mental Health & Behavioral Health	The retail opioid dispensing rate in this region is 28.0 per 100 persons in 2019, compared to the state rate of 31.1 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2019). Retrieved January 10, 2021. Centers for Disease Control and Prevention (CDC). Link to the Centers for Disease Control.
3	Northwest	Mental Health & Behavioral Health	In 2019, the region's crude suicide rate for those counties which reported is 25.7 per 100,000 population compared to the state rate of 22.3 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: CoVDRS_12.1.17). (2019). Retrieved January 10, 2021. Colorado Center for Health and Environmental Data. Link to Colorado's Violent Death Reporting System.
3	Northwest	Designated Rural Health Facilities	CAHs in this region: 4	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved January 10, 2021, from https://cha.com/colorado-hospitals/find-a-hospital/ . Colorado Hospital Association (CHA). Link to CHA.
3	Northwest	Designated Rural Health Facilities	RHCs in this region: 7	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.
3	Northwest	Designated Rural Health Facilities	FQHCs in this region: 4	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 11, 2021. Link to CCHN Community Health Centers Map.
3	Northwest	Designated Rural Health Facilities	Total Designated Rural Facilities: 15	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.

3	Northwest	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 1:1,225, compared to the state of Colorado 1,219:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Primary Care Providers. Retrieved January 11, 2021. Link to County Health Rankings
3	Northwest	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 2,120:1, compared to the state of Colorado 1,256:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings
3	Northwest	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 413:1, compared to the state of Colorado 281:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings
3	Northwest	Designated Rural Health Facilities	30% of this region is enrolled in Medicaid.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicaid Enrollment by County" (September 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard
3	Northwest	Designated Rural Health Facilities	19% of this region is enrolled in Medicare.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicare Enrollment by County" (October 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard
3	Northwest	Designated Rural Health Facilities	10% of this region is Uninsured.	Colorado Department of Local Affairs. "American Community Survey - Colorado Data: Health Insurance Coverage by County [2013-2017]". Retrieved January 27, 2021. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to Colorado Department of Local Affairs

2021 Snapshot of Rural Health - San Luis Valley Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	San Luis Valley	Demographics	The San Luis Valley Region, counties include: Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website
2	San Luis Valley	Demographics	47,007 people are forecasted to live in the San Luis Valley (Approximately 7% of the total rural population in Colorado).	Colorado State Demography Office. & Department of Local Affairs. (n.d.). Population by Single Year of Age-County (Forecasted: 2021). Retrieved January 9, 2021. Link to the Colorado State Demography Office
2	San Luis Valley	Demographics	29% of households in this region are single-parent households. (compared to the state average of 27%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Children in Single Parent Households. Retrieved January 9, 2021. Link to County Health Rankings
2	San Luis Valley	Demographics	In this region, 19% of the population is living in poverty compared to the state average of 9%.	United States Census Bureau, "Small Area Income and Poverty Estimates (SAIPE)" Data Tool. (2019). Retrieved January 27, 2021. Link to Census Bureau Data Tool
2	San Luis Valley	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2020 is \$26,200.	Federal Poverty Guidelines. (2019-2020). Retrieved January 9, 2021, US Department of Health and Human Services. Link to Federal Poverty Guidelines
2	San Luis Valley	Demographics	Median Age: 44 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data: Median Age 2021. Retrieved January 9, 2021. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to Colorado State Demography Office
2	San Luis Valley	Demographics	18% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Colorado Department of Human Services (CDHS). "Food assistance data". (Raw Data). Retrieved January 9, 2021. *Total 2019 Population estimated using CDLA Population by Year Data. Link to Food Assistance Data

2	San Luis Valley	Demographics	66% of children in this region are eligible for free or reduced price lunch (compared to the State Average of 42%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Free or Reduced Lunch. Retrieved January 9, 2021. Link to County Health Rankings.
2	San Luis Valley	Demographics	82% of high school students graduate in this region, compared to the state average of 81%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: High school graduation. Retrieved January 9, 2021. Link to County Health Rankings.
2	San Luis Valley	Demographics	57% of the population has some college education, compared to the state average of 72%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Some College. Retrieved January 9, 2021. Link to County Health Rankings.
2	San Luis Valley	Demographics	The average median income for this region is \$42,414.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	San Luis Valley	Demographics	Lowest Median Income County in Region: Costilla \$31,557; Highest Median Income County in Region: Mineral \$60,210	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	San Luis Valley	Demographics	The San Luis Valley region has a median income \$33,948 lower than the average urban median income of \$76,362.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings.
2	San Luis Valley	Demographics	Average Region Median Home Price: \$176,271 Average Mortgage Cost: \$713	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices.
2	San Luis Valley	Demographics	In 2016, there were 99 housing foreclosures in this region with the highest percentage (39%) occurring in Alamosa County.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016). Published raw data. Retrieved September 20, 2018. Link to Colorado Information Marketplace (CIM).
2	San Luis Valley	Demographics	Home Price in Alamosa County: \$167,802 Average Mortgage Cost: \$679	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices.
2	San Luis Valley	Health Outcomes	26% of adults in this region are considered obese, compared to the state of Colorado at 22%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data-Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings.
2	San Luis Valley	Health Outcomes	Lowest Percentage County in Region for Obesity: Mineral at 21%; Highest Percentage County in Region for Obesity: Saguache at 29%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data-Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings.
2	San Luis Valley	Health Outcomes	9% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Diabetes. Retrieved January 10, 2021. Link to County Health Rankings.
2	San Luis Valley	Health Outcomes	This region's Teen Birth rate is 28 per 1,000 female population, ages 15-19 while the rate of Colorado is 19 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings.
2	San Luis Valley	Health Outcomes	Lowest Teen Birth Rate County in Region: Alamosa - 20 per 1,000; Highest Teen Birth Rate County in Region: Saguache - 35 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings.
2	San Luis Valley	Health Outcomes	There are 31* Active, Licensed/Certified Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors and Active Certified Addiction Counselors. Retrieved January 10, 2021. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute.
3	San Luis Valley	Mental Health & Behavioral Health	There are 0 Inpatient Mental Health Facilities in this region.	Substance Abuse and Mental Health Services Administration (SAMHSA). Treatment Location: SU & MH Hospital inpatient Services. Result: "Colorado Plains Medical Center Geriatric Behavioral Health Unit". Retrieved January 27, 2021. Link to SAMHSA Treatment Locator
3	San Luis Valley	Mental Health & Behavioral Health	The retail opioid dispensing rate in this region is 23.0 per 100 persons in 2019, compared to the state rate of 31.1 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2019). Retrieved January 10, 2021. Centers for Disease Control and Prevention (CDC). Link to the Centers for Disease Control.
3	San Luis Valley	Mental Health & Behavioral Health	In 2019, the region's crude suicide rate for those counties which reported is 44.6 per 100,000 population compared to the state rate of 22.3 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: CoVDRS_12.1.17). (2019). Retrieved January 10, 2021. Colorado Center for Health and Environmental Data. Link to Colorado's Violent Death Reporting System.
3	San Luis Valley	Designated Rural Health Facilities	CAHs in this region: 2	Find A Hospital: Service Type: Critical Access Hospital. (n.d.). Retrieved January 10, 2021, from https://cha.com/colorado-hospitals/find-a-hospital/ . Colorado Hospital Association (CHA). Link to CHA.
3	San Luis Valley	Designated Rural Health Facilities	RHCs in this region: 8	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.
3	San Luis Valley	Designated Rural Health Facilities	FQHCs in this region: 13	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 11, 2021. Link to CCHN Community Health Centers Map.
3	San Luis Valley	Designated Rural Health Facilities	Total Designated Rural Facilities: 23	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.

3	San Luis Valley	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 2,234:1, compared to the state of Colorado 1,219:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Primary Care Providers. Retrieved January 11, 2021. Link to County Health Rankings.
3	San Luis Valley	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 5,533:1, compared to the state of Colorado 1,256:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings.
3	San Luis Valley	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 2,779:1, compared to the state of Colorado 281:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings.
3	San Luis Valley	Designated Rural Health Facilities	40% of this region is enrolled in Medicaid.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicaid Enrollment by County" (September 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard.
3	San Luis Valley	Designated Rural Health Facilities	27% of this region is enrolled in Medicare.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicare Enrollment by County" (October 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard.
3	San Luis Valley	Designated Rural Health Facilities	13% of this region is Uninsured.	Colorado Department of Local Affairs. "American Community Survey - Colorado Data: Health Insurance Coverage by County [2013-2017]". Retrieved January 27, 2021. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to Colorado Department of Local Affairs.

2021 Snapshot of Rural Health - Southwest Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	Southwest	Demographics	The Southwest Region, counties include: Archuleta, Delta, Dolores, Gunnison, Hinsdale, La Plata, Montezuma, Montrose, Ouray, San Juan, San Miguel	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website.
2	Southwest	Demographics	207,396 people are forecasted to live in the San Luis Valley (Approximately 29% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age - County (Forecasted: 2021). Retrieved January 9, 2021. Link to the Colorado State Demography Office.
2	Southwest	Demographics	27% of households in this region are single-parent households (compared to the state average of 27%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Children in Single Parent Households. Retrieved January 9, 2021. Link to County Health Rankings.
2	Southwest	Demographics	In this region, 12% of the population is living in poverty compared to the state average of 9%.	United States Census Bureau, "Small Area Income and Poverty Estimates (SAIPE)" Data Tool. (2019). Retrieved January 27, 2021. Link to Census Bureau Data Tool.
2	Southwest	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2020 is \$26,200.	Federal Poverty Guidelines (2019-2020). Retrieved January 9, 2021, US Department of Health and Human Services. Link to Federal Poverty Guidelines.
2	Southwest	Demographics	Median Age: 45 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data: Median Age 2021. Retrieved January 9, 2021. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. Link to Colorado State Demography Office.
2	Southwest	Demographics	8% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Colorado Department of Human Services (CDHS). "Food assistance data". [Raw Data]. Retrieved January 9, 2021. *Total 2019 Population estimated using CDIA Population by Year Data. Link to Food Assistance Data.

2	Southwest	Demographics	44% of children in this region are eligible for free or reduced price lunch (compared to the State Average of 42%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Free or Reduced Lunch. Retrieved January 9, 2021. Link to County Health Rankings
2	Southwest	Demographics	88% of high school students graduate in this region, compared to the state average of 81%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: High school graduation. Retrieved January 9, 2021. Link to County Health Rankings
2	Southwest	Demographics	67% of the population has some college education, compared to the state average of 72%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Some College. Retrieved January 9, 2021. Link to County Health Rankings
2	Southwest	Demographics	The average median income for this region is \$56,839.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings
2	Southwest	Demographics	Lowest Median Income County in Region: Delta \$46,786; Highest Median Income County in Region: San Miguel \$69,458.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings
2	Southwest	Demographics	The Southwest region has a median income \$19,523 lower than the average urban median income of \$76,362.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Median Household Income. Retrieved January 9, 2021. Link to County Health Rankings
2	Southwest	Demographics	Average Region Median Home Price: \$319,158 Average Mortgage Cost: \$1,291	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices
2	Southwest	Demographics	In 2016, there were 343 housing foreclosures in this region with the highest percentage (29%) occurring in Delta County.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016).Published raw data. Retrieved September 20, 2018. Link to Colorado Information Marketplace (CIM)
2	Southwest	Demographics	Home Price in Delta County: \$233,325 Average Mortgage Cost: \$944	County Median Home Prices. National Association of Realtors (NAR). Retrieved January 9, 2021. Link to County Median Home Prices
2	Southwest	Health Outcomes	22% of adults in this region are considered obese, compared to the state of Colorado at 22%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings
2	Southwest	Health Outcomes	Lowest Percentage County in Region for Obesity: Gunnison at 17%; Highest Percentage County in Region for Obesity: Montezuma at 28%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Adult Obesity. Retrieved January 10, 2020 Link to County Health Rankings
2	Southwest	Health Outcomes	6% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Diabetes. Retrieved January 10, 2021. Link to County Health Rankings
2	Southwest	Health Outcomes	This region's Teen Birth rate is 23 per 1,000 female population, ages 15-19 while the rate of Colorado is 19 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings
2	Southwest	Health Outcomes	Lowest Teen Birth Rate County in Region: Gunnison - 9 per 1,000 per 1,000; Highest Teen Birth Rate County in Region: Montezuma - 37 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Teen Births. Retrieved January 10, 2021. Link to County Health Rankings
2	Southwest	Health Outcomes	There are 83* Active, Licensed/Certified Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors and Active Certified Addiction Counselors. Retrieved January 10, 2021. Colorado Department of Regulatory Agencies (March 2017). * **symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. Link to the Colorado Health Institute
3	Southwest	Mental Health & Behavioral Health	There are 0 Inpatient Mental Health Facilities in this region.	Substance Abuse and Mental Health Services Administration (SAMHSA): Treatment Locator: SU & MH Hospital Inpatient Services. Result: "Colorado Plains Medical Center Geriatric Behavioral Health Unit". Retrieved January 27, 2021. Link to SAMHSA Treatment Locator
3	Southwest	Mental Health & Behavioral Health	The retail opioid dispensing rate in this region is 35.9 per 100 persons in 2019, compared to the state rate of 31.1 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2019). Retrieved January 10, 2021. Centers for Disease Control and Prevention (CDC). Link to the Centers for Disease Control
3	Southwest	Mental Health & Behavioral Health	In 2019, the region's crude suicide rate for those counties which reported is 27.4 per 100,000 population compared to the state rate of 22.3 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: COVIDS_12.1.17). (2019). Retrieved January 10, 2021. Colorado Center for Health and Environmental Data. Link to Colorado's Violent Death Reporting System
3	Southwest	Designated Rural Health Facilities	CAHs in this region: 3	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved January 10, 2021, from https://cha.com/colorado-hospitals/find-a-hospital/ . Colorado Hospital Association (CHA). Link to CHA
3	Southwest	Designated Rural Health Facilities	RHCs in this region: 9	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website
3	Southwest	Designated Rural Health Facilities	FQHCs in this region: 9	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 11, 2021. Link to CCHN Community Health Centers Map
3	Southwest	Designated Rural Health Facilities	Total Designated Rural Facilities: 21	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. Link to Colorado Rural Health Center Website
3	Southwest	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 1,154:1, compared to the state of Colorado 1,219:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Primary Care Providers. Retrieved January 11, 2021. Link to County Health Rankings
3	Southwest	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 1,822:1, compared to the state of Colorado 1,256:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings
3	Southwest	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 732:1, compared to the state of Colorado 281:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2020, April). Colorado County Data: Dentists. Retrieved January 11, 2021. Link to County Health Rankings
3	Southwest	Designated Rural Health Facilities	24% of this region is enrolled in Medicaid.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicaid Enrollment by County" (September 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard
3	Southwest	Designated Rural Health Facilities	25% of this region is enrolled in Medicare.	Centers for Medicare and Medicaid Services. Statistics, Trends, Reports. "Colorado Medicare Enrollment by County" (October 2020). Retrieved October 27, 2020. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to CMS Dashboard
3	Southwest	Designated Rural Health Facilities	11% of this region is Uninsured.	Colorado Department of Local Affairs. "American Community Survey - Colorado Data: Health Insurance Coverage by County [2013-2017]". Retrieved January 27, 2021. Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured. These categories utilize different sources and these percentages are an interpretation of the data with the assumption that all values will sum to 100%. Link to Colorado Department of Local Affairs