

Eastern Plains

SNAPSHOT OF RURAL HEALTH IN COLORADO

- 2021 -

 **COLORADO
RURAL HEALTH
CENTER**

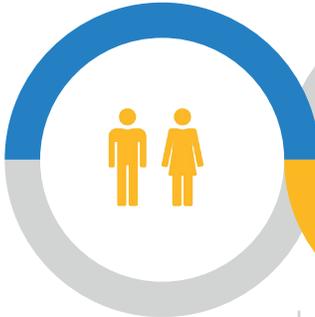
The State Office of Rural Health

EASTERN PLAINS REGION

Counties Included: Baca, Bent, Cheyenne, Crowley, Huerfano, Kiowa, Kit Carson, Las Animas, Lincoln, Logan, Morgan, Otero, Phillips, Prowers, Sedgwick, Washington, Yuma



DEMOGRAPHICS



154,775

Total Population
(Approximately 22% of the rural population)



29%

% of Single Family Households (state average of 27%)



18%

% Living Under the Federal Poverty Line (state average - 9%)
The 100% Federal Poverty Guidelines for a family of 4 in 2020 is \$26,200



42

2021 Median Projected Age (state projected median age of 38)



14%

% of the Region Enrolled in SNAP (57% of children in the region eligible for free & reduced lunch)

HIGH SCHOOL GRADUATION

86%

High School Graduates (state: 81%)
55% of the population has some college education (state: 72%)

MEDIAN INCOME

\$45,316

Lowest median income: Crowley at \$35,880. Highest median income: Morgan at \$55,387
The eastern plains region has a median income \$31,046 below the average urban median income of \$76,362

MEDIAN HOME PRICE

\$130,162

Average Mortgage Cost: \$526
In 2016, there were 336 housing foreclosures in this region.
Home Price in Morgan County: \$195,929
Average Mortgage Cost: \$792 (Both are the highest in this region)

HEALTH OUTCOMES

31%

Adult Obesity (compared to the state average of 22%)
Lowest Obesity: Cheyenne County at 24%
Highest Obesity: Logan County at 38%

10%

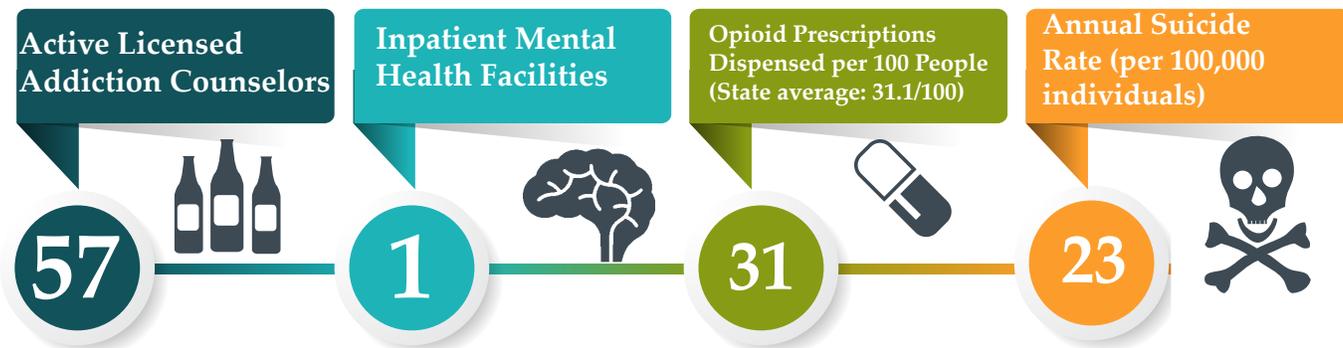
With Adult Diabetes (compared to the state average of 6%)



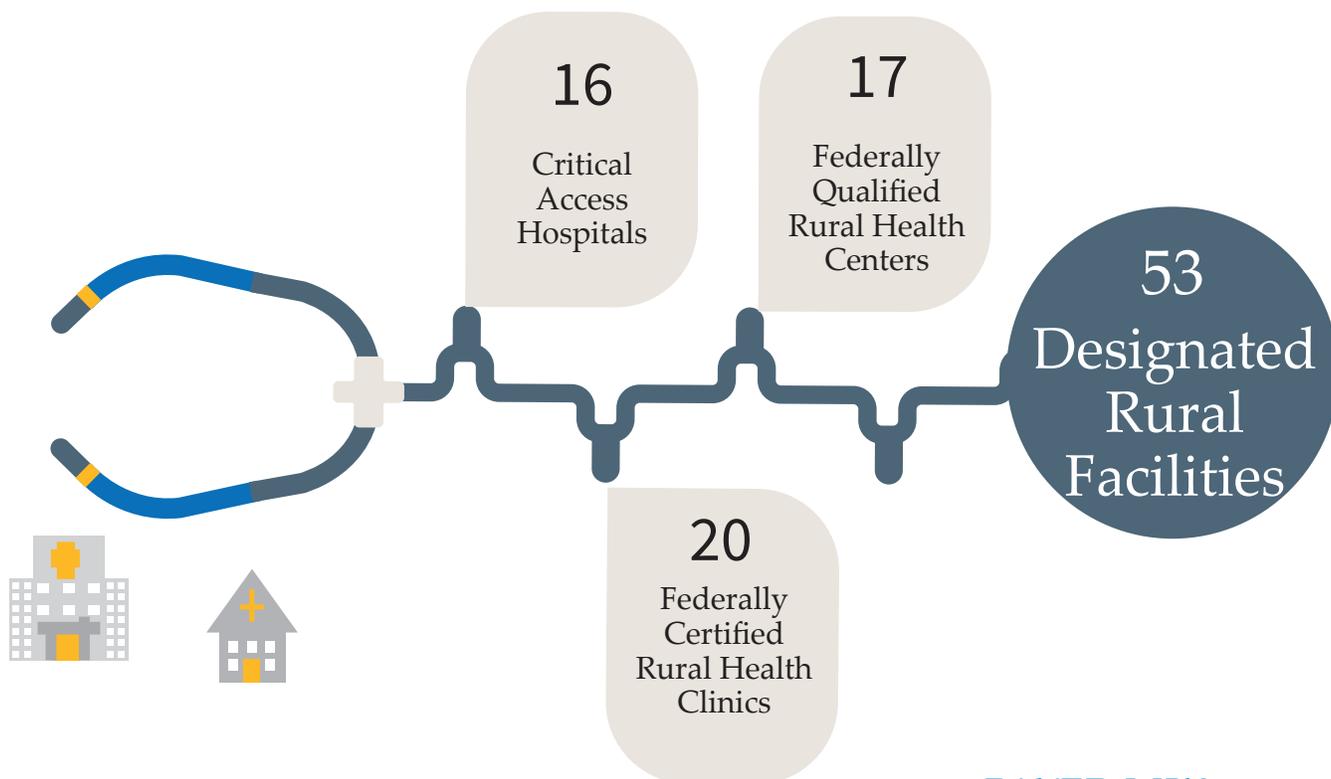
This region's teen birth rate is 30 per 1,000 women ages 15-19 while the overall Colorado rate is 19 per 1,000.

Lowest Teen Birth Rate County in Region: Lincoln - 20 per 1,000
Highest Teen Birth Rate County in Region: Crowley - 40 per 1,000

MENTAL AND BEHAVIORAL HEALTH



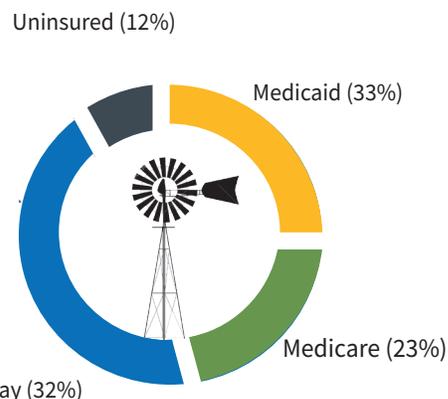
DESIGNATED RURAL HEALTH FACILITIES



REGIONAL PATIENTS PER PROVIDER

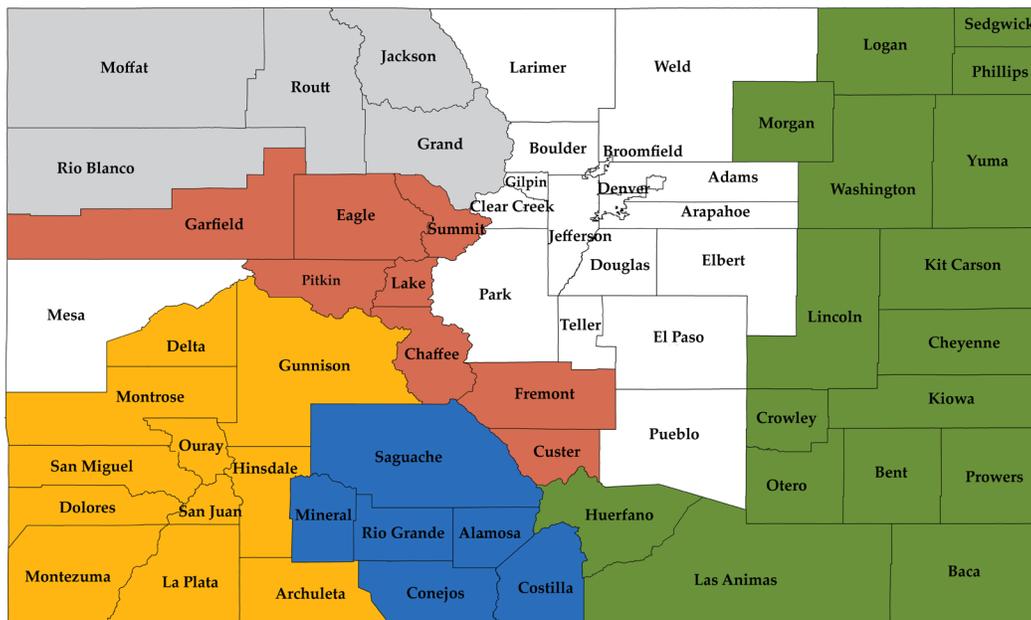


PAYER MIX



Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured categories. To arrive at a comprehensive interpretation of payer mix, different sources were utilized with the assumption that all values will sum to 100%. Please see citation sheet for more details.

*See all of the Regional Snapshot Reports at
coruralhealth.org/policy*



REGIONS

- Grey - Northwest
- Red - Resort West
- Yellow - Southwest
- Blue - San Luis Valley
- White - Urban
- Green - Eastern Plains

For a detailed list of Snapshot data sources, please visit coruralhealth.org