Lowest median income: Fremont at $46,372
Highest median income: Eagle at $79,556

The mountain west region has a median income $8,482 below the average urban median income of $69,844

Counties Included: Chaffee, Custer, Eagle, Fremont, Garfield, Lake, Pitkin, Summit

**DEMOGRAPHICS**

- Total Population: 289,015 (Approximately 39% of the rural population)
- % of Single Family Households (state average of 28%): 25%
- % Living Under the Federal Poverty Line (state average of 12%): 12%
- 2020 Median Projected Age (state projected median age of 38): 42
- % of the Region enrolled in SNAP: 6%

**HIGH SCHOOL GRADUATION**

- High School Graduates (state average of 77%): 82%
- 51% of the population has some college education (state average of 71%)

**MEDIAN INCOME**

- Lowest median income: Fremont at $46,372
- Highest median income: Eagle at $79,556
- The mountain west region has a median income $8,482 below the average urban median income of $69,844

**HEALTH OUTCOMES**

- Adult Obesity (state average of 21%): 18%
- Lowest Obesity: Eagle County at 13%
- Highest Obesity: Fremont County at 24%
- Adult Diabetes (state average of 6%): 5%

This region's teen birth rate is 25 per 1,000 female population, ages 15-19 while the rate of Colorado is 24 per 1,000.

- Children Born with Low Birthweight (state average of 9%): 10%
MENTAL AND BEHAVIORAL HEALTH

PAYER MIX
- Medicaid (23.2%)
- Medicare (15.2%)
- Private Pay (47.5%)
- Uninsured (14.0%)

PATIENTS PER PROVIDER
- Regional Physicians: 1:1443
- State Physicians: 1:1243
- Regional Mental Health Providers: 1:886
- State Mental Health Providers: 1:326

DESIGNATED RURAL HEALTH FACILITIES
- 26 Designated Rural Facilities
- 5 Critical Access Hospitals
- 14 Federally Qualified Health Centers
- 7 Federally Certified Rural Health Clinics

General Information:
- Active Licensed Addiction Counselors: 36
- Inpatient Mental Health Facilities: 0
- Opioid Prescriptions dispensed per 100 people: 54
- Average Age-Adjusted Death Rate per 100,000 people: 17
- Annual Suicide Rate (per 100,000 individuals): 22

Additional Information:
- Active Licensed Addiction Counselors
- Opioid Prescriptions dispensed per 100 people
- Average Age-Adjusted Death Rate per 100,000 people
- Annual Suicide Rate (per 100,000 individuals)
- Regional Physicians: 1:1443
- State Physicians: 1:1243
- Regional Mental Health Providers: 1:886
- State Mental Health Providers: 1:326
See all of the Regional Snapshot Reports at coruralhealth.org/policy

REGIONS

• Grey - Northwest
• Red - Mountain West
• Yellow - Southwest
• Blue - San Luis Valley
• White - Urban
• Green - Eastern Plains

For a detailed list of Snapshot data sources, please visit https://coruralhealth.org/2019regionalsnapshotcitations