

**2020 Snapshot of Rural Health - Eastern Plains Region: Sources & Citations**

Page	Section	Heading	Fact	Citation
2	Eastern Plains	Demographics	The Eastern Plains Region, counties include: Baca, Bent, Cheyenne, Crowley, Huerfano, Kiowa, Kit Carson, Las Animas, Lincoln, Logan, Morgan, Otero, Phillips, Prowers, Sedgwick, Washington, Yuma	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health.  <a href="#">Link to Colorado Rural Health Center Website.</a>
2	Eastern Plains	Demographics	154,798 people are forecasted to live in the Eastern Plains (Approximately 21% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age - County (Forecasted). Retrieved June 3, 2019.  <a href="#">Link to the Colorado State Demography Office.</a>
2	Eastern Plains	Demographics	30% of households in this region are single-parent households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Children in Single Parent Households. Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Demographics	In this region, 19% of the population is living under 100% of the Federal Poverty Level compared to the state average of 12%.	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 25, 2018.  <i>Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute including a summary of the surveillance system or survey, the metrics included in this workbook and any notes or limitations to keep in mind when analyzing the data.</i>  <a href="#">Link to Colorado Health Institute County Data Workbook.</a>
2	Eastern Plains	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2019 is \$25,750.	Federal Poverty Guidelines. (2018-2019). Retrieved July 15, 2019, US Department of Health and Human  <a href="#">Link to Federal Poverty Guidelines.</a>
2	Eastern Plains	Demographics	Median Age: 43 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018. Colorado, Sub-State Regions and Counties for the years 1990 through 2050.  <a href="#">Link to Colorado State Demography Office.</a>
2	Eastern Plains	Demographics	12% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Hamm, K. (2017, January 10). Food stamps in Colorado: An Interactive county-by-county breakdown . Retrieved September 25, 2018.  <a href="#">Link to Food Stamps in Colorado Article.</a>
2	Eastern Plains	Demographics	84% of high school students graduate in this region, compared to the state average of 79%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: High school graduation. Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Demographics	56% of the population has some college education, compared to the state average of 71%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Some College. Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Demographics	The average median income for this region is \$43,583.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Demographics	Lowest Median Income County in Region: Baca \$35,725; Highest Median Income County in Region: Phillips \$52,096	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Demographics	The eastern plains region has a median income \$19,388 below the average urban median income of \$62,971.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>

2	Eastern Plains	Demographics	Average Region Median Home Price: \$127,913      Average Mortgage Cost: \$618	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>
2	Eastern Plains	Demographics	In 2016, there were 336 housing foreclosures in this region, with the highest percentage (21%) occurring in Morgan County.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016).Published raw data. Retrieved September 20, 2018. <a href="#">Link to Colorado Information Marketplace (CIM).</a>
2	Eastern Plains	Demographics	Home Price in Morgan County: \$181,935      Average Mortgage Cost: \$880 (Both are the highest of all counties in this region)	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>
2	Eastern Plains	Health Outcomes	25% of this region is considered obese, compared to the state of Colorado at 21%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Health Outcomes	Lowest Percentage County in Region for Obesity: Sedgwick at 21%; Highest Percentage County in Region for Obesity: Logan at 33%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Health Outcomes	8% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Health Outcomes	This region's Teen Birth rate is 34 per 1,000 female population, ages 15-19 while the rate of Colorado is 22 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Health Outcomes	Lowest Teen Birth Rate County in Region: Lincoln - 21 per 1,000 ; Highest Teen Birth Rate County in Region: Crowley - 51 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Eastern Plains	Health Outcomes	There are 73* Active, Licensed Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved September 25, 2018. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. <a href="#">Link to the Colorado Health Institute.</a>
3	Eastern Plains	Mental Health & Behavioral Health	There are 0 Inpatient Mental Health Facilities in this region.	Colorado Mental Health Hold Task Force Final Report and Recommendations: Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. <a href="#">Link to Colorado Department of Human Services.</a>
3	Eastern Plains	Mental Health & Behavioral Health	The retail opioid prescriptions dispensed in this region is 65 per 100 persons per year from 2006–2017, compared to the state rate of 59.8 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018. Centers for Disease Control and Prevention (CDC). <a href="#">Link to the Centers for Disease Control.</a>
3	Eastern Plains	Mental Health & Behavioral Health	The region's crude suicide rate for those counties which reported is 21 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: CoVDRS_12.1.17). (2018). Retrieved December 31, 2019. Colorado Center for Health and Environmental Data. <a href="#">Link to Colorado's Violent Death Reporting System.</a>
3	Eastern Plains	Designated Rural Health Facilities	CAHs in this region: 15	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved March 6, 2018, from <a href="https://cha.com/colorado-hospitals/find-a-hospital/">https://cha.com/colorado-hospitals/find-a-hospital/</a> . Colorado Hospital Association (CHA). <a href="#">Link to CHA.</a>

3	Eastern Plains	Designated Rural Health Facilities	RHCs in this region: 20	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health.  <a href="#">Link to Colorado Rural Health Center Website.</a>
3	Eastern Plains	Designated Rural Health Facilities	FQHCs in this region: 17	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 25, 2019.  <a href="#">Link to CCHN Community Health Centers Map.</a>
	Eastern Plains	Designated Rural Health Facilities	Total Designated Rural Facilities: 52	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health.  <a href="#">Link to Colorado Rural Health Center Website.</a>
3	Eastern Plains	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 2745:1, compared to the state of Colorado 1234:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Primary Care Providers. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Eastern Plains	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 2584:1, compared to the state of Colorado 1261:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Eastern Plains	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 1091:1, compared to the state of Colorado 304:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Eastern Plains	Designated Rural Health Facilities	8.8% of this region is uninsured. 30.2% of this region is enrolled in Medicaid. 15.9% of this region is enrolled in Medicare. 45.0% of this region has Private Insurance.	Silvernale, R. (2017, April 5). Colorado Health Institute: Analysis of the 2015 American Community Survey, Health Insurance Status by County. Retrieved September 25, 2018. * Due to Rounding and statistical modeling, numbers/percentages may not total to exactly "100%" of total population.  <a href="#">Link to Analysis of the 2015 American Community Survey.</a>

2020 Snapshot of Rural Health - Mountain West Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	Mountain West	Demographics	The Mountain West Region, counties include: Chaffee, Custer, Eagle, Fremont, Garfield, Lake, Pitkin, Summit	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. <a href="#">Link to Colorado Rural Health Center Website.</a>
2	Mountain West	Demographics	248,119 people are forecasted to live in the Eastern Plains (Approximately 34% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age - County (Forecasted). Retrieved June 3, 2019. <a href="#">Link to the Colorado State Demography Office.</a>
2	Mountain West	Demographics	25% of households in this region are single-parent households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Children in Single Parent Households. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Demographics	In this region, 12% of the population is living under 100% of the Federal Poverty Level compared to the state average of 12%.	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 25, 2018. <i>Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute including a summary of the surveillance system or survey, the metrics included in this workbook and any notes or limitations to keep in mind when analyzing the data</i> <a href="#">Link to Colorado Health Institute County Data Workbook.</a>
2	Mountain West	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2019 is \$25,750.	Federal Poverty Guidelines. (2018-2019). Retrieved July 15, 2019, US Department of Health and Human Services. <a href="#">Link to Federal Poverty Guidelines.</a>
2	Mountain West	Demographics	Median Age: 42 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. <a href="#">Link to Colorado State Demography Office.</a>
2	Mountain West	Demographics	6% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Hamm, K. (2017, January 10). Food stamps in Colorado: An Interactive county-by-county breakdown . Retrieved September 25, 2018. <a href="#">Link to Food Stamps in Colorado Article.</a>
2	Mountain West	Demographics	81% of high school students graduate in this region, compared to the state average of 79%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: High school graduation. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
	Mountain West	Demographics	61% of the population has some college education, compared to the state average of 71%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Some College. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Demographics	The average median income for this region is \$65,134.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Demographics	Lowest Median Income County in Region: Fremont \$48,820; Highest Median Income County in Region: Eagle \$88,913.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Demographics	The mountain west region has a median income \$2,163 higher than the average urban median income of \$62,971.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Demographics	Average Region Median Home Price: \$398,619      Average Mortgage Cost: \$1,927	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>
2	Mountain West	Demographics	In 2016, there were 355 housing foreclosures in this region, with the highest percentage (31%) occurring in Fremont County.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016).Published raw data. Retrieved September 20, 2018. <a href="#">Link to Colorado Information Marketplace (CIM).</a>

2	Mountain West	Demographics	Home Price in Fremont County: \$178,697      Average Mortgage Cost: \$864	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019.  <a href="#">Link to County Median Home Prices.</a>
2	Mountain West	Health Outcomes	19% of this region is considered obese, compared to the state of Colorado at 21%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Health Outcomes	Lowest Percentage County in Region for Obesity: Eagle at 14%; Highest Percentage County in Region for Obesity: Fremont at 25%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Health Outcomes	6% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Health Outcomes	This region's Teen Birth rate is 22 per 1,000 female population, ages 15-19 while the rate of Colorado is 22 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Health Outcomes	Lowest Teen Birth Rate County in Region: Pitkin - 4 per 1,000 ; Highest Teen Birth Rate County in Region: Lake 35 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019.  <a href="#">Link to County Health Rankings.</a>
2	Mountain West	Health Outcomes	There are 36* Active, Licensed Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved September 25, 2018. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location.  <a href="#">Link to the Colorado Health Institute.</a>
3	Mountain West	Mental Health & Behavioral Health	There are 0 Inpatient Mental Health Facilities in this region.	Colorado Mental Health Hold Task Force Final Report and Recommendations: Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services.  <a href="#">Link to Colorado Department of Human Services.</a>
3	Mountain West	Mental Health & Behavioral Health	The retail opioid prescriptions dispensed in this region is 61 per 100 persons per year from 2006–2017, compared to the state rate of 59.8 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018. Centers for Disease Control and Prevention (CDC).  <a href="#">Link to the Centers for Disease Control.</a>
3	Mountain West	Mental Health & Behavioral Health	The region's crude suicide rate for those counties which reported is 27 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: CoVDRS_12.1.17). (2018). Retrieved December 31, 2019. Colorado Center for Health and Environmental Data.  <a href="#">Link to Colorado's Violent Death Reporting System.</a>
3	Mountain West	Designated Rural Health Facilities	CAHs in this region: 0	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved March 6, 2018, from <a href="https://cha.com/colorado-hospitals/find-a-hospital/">https://cha.com/colorado-hospitals/find-a-hospital/</a> . Colorado Hospital Association (CHA).  <a href="#">Link to CHA.</a>
3	Mountain West	Designated Rural Health Facilities	RHCs in this region: 4	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health.  <a href="#">Link to Colorado Rural Health Center Website.</a>
3	Mountain West	Designated Rural Health Facilities	FQHCs in this region: 20	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 25, 2019.  <a href="#">Link to CCHN Community Health Centers Map.</a>

3	Mountain West	Designated Rural Health Facilities	Total Designated Rural Facilities: 24	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health.  <a href="#">Link to Colorado Rural Health Center Website.</a>
3	Mountain West	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 1489:1, compared to the state of Colorado 1234:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Primary Care Providers. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Mountain West	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 1754:1, compared to the state of Colorado 1261:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Mountain West	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 878:1, compared to the state of Colorado 304:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Mountain West	Designated Rural Health Facilities	14.0% of this region is uninsured. 23.2% of this region is enrolled in Medicaid. 15.2% of this region is enrolled in Medicare.	Silvernale, R. (2017, April 5). Colorado Health Institute: Analysis of the 2015 American Community Survey, Health Insurance Status by County. Retrieved September 25, 2018. * Due to Rounding and statistical modeling, numbers/percentages may not total to exactly "100%" of total population.  <a href="#">Link to Analysis of the 2015 American Community Survey.</a>

## 2020 Snapshot of Rural Health - Northwest Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	Northwest	Demographics	The Northwest Region, counties include: Grand, Jackson, Moffat, Rio Blanco, Routt	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. <a href="#">Link to Colorado Rural Health Center Website.</a>
2	Northwest	Demographics	62,623 people are forecasted to live in the Northwest (Approximately 9% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age - County (Forecasted). Retrieved June 3, 2019. <a href="#">Link to the Colorado State Demography Office.</a>
2	Northwest	Demographics	19% of households in this region are single-parent households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Children in Single Parent Households. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Demographics	In this region, 12% of the population is living under 100% of the Federal Poverty Level compared to the state average of 12%.	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 25, 2018. <i>Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute including a summary of the surveillance system or survey, the metrics included in this workbook and any notes or limitations to keep in mind when analyzing the data.</i> <a href="#">Link to Colorado Health Institute County Data Workbook.</a>
2	Northwest	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2019 is \$25,750.	Federal Poverty Guidelines. (2018-2019). Retrieved July 15, 2019, US Department of Health and Human Services. <a href="#">Link to Federal Poverty Guidelines.</a>
2	Northwest	Demographics	Median Age: 43 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. <a href="#">Link to Colorado State Demography Office.</a>
2	Northwest	Demographics	7% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Hamm, K. (2017, January 10). Food stamps in Colorado: An Interactive county-by-county breakdown . Retrieved September 25, 2018. <a href="#">Link to Food Stamps in Colorado Article.</a>
2	Northwest	Demographics	37% of children in this region are eligible for free or reduced price lunch (compared to the State Average of 42%)	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Free or Reduced Lunch. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Demographics	93% of high school students graduate in this region, compared to the state average of 79%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: High school graduation. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Demographics	62% of the population has some college education, compared to the state average of 71%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Some College. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Demographics	The average median income for this region is \$60,509.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Demographics	Lowest Median Income County in Region: Jackson \$48,785; Highest Median Income County in Region: Routt \$76,505.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Demographics	The northwest region has a median income \$2,462 lower than the average urban median income of \$62,971.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>

2	Northwest	Demographics	Average Region Median Home Price: \$287,501      Average Mortgage Cost: \$1,390	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>
2	Northwest	Demographics	In 2016, there were 145 housing foreclosures in this region.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016).Published raw data. Retrieved September 20, 2018. <a href="#">Link to Colorado Information Marketplace (CIM).</a>
2	Northwest	Demographics	Home Price in Fremont County: \$188,972      Average Mortgage Cost: \$914	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>
2	Northwest	Health Outcomes	20% of this region is considered obese, compared to the state of Colorado at 21%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Health Outcomes	Lowest Percentage County in Region for Obesity: Routt at 14%; Highest Percentage County in Region for Obesity: Moffat at 25%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Health Outcomes	6% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Health Outcomes	This region's Teen Birth rate is 22 per 1,000 female population, ages 15-19 while the rate of Colorado is 22 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Health Outcomes	Lowest Teen Birth Rate County in Region: Routt - 9 per 1,000 ; Highest Teen Birth Rate County in Region: Moffat - 43 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Northwest	Health Outcomes	There are 5* Active, Licensed Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved September 25, 2018. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. <a href="#">Link to the Colorado Health Institute.</a>
3	Northwest	Mental Health & Behavioral Health	There are 0 Inpatient Mental Health Facilities in this region.	Colorado Mental Health Hold Task Force Final Report and Recommendations: Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. <a href="#">Link to Colorado Department of Human Services.</a>
3	Northwest	Mental Health & Behavioral Health	The retail opioid prescriptions dispensed in this region is 52 per 100 persons per year from 2006–2017, compared to the state rate of 61 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018. Centers for Disease Control and Prevention (CDC). <a href="#">Link to the Centers for Disease Control.</a>
3	Northwest	Mental Health & Behavioral Health	The region's crude suicide rate for those counties which reported is 13 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: CoVDRS_12.1.17). (2018). Retrieved December 31, 2019. Colorado Center for Health and Environmental Data. <a href="#">Link to Colorado's Violent Death Reporting System.</a>
3	Northwest	Designated Rural Health Facilities	CAHs in this region: 4	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved March 6, 2018, from <a href="https://cha.com/colorado-hospitals/find-a-hospital/">https://cha.com/colorado-hospitals/find-a-hospital/</a> . Colorado Hospital Association (CHA). <a href="#">Link to CHA.</a>
3	Northwest	Designated Rural Health Facilities	RHCs in this region: 8	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. <a href="#">Link to Colorado Rural Health Center Website.</a>

3	Northwest	Designated Rural Health Facilities	FQHCs in this region: 6	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 25, 2019. <a href="#">Link to CCHN Community Health Centers Map.</a>
3	Northwest	Designated Rural Health Facilities	Total Designated Rural Facilities: 18	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health.  <a href="#">Link to Colorado Rural Health Center Website.</a>
3	Northwest	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 1316:1, compared to the state of Colorado 1234:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Primary Care Providers. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Northwest	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 2636:1, compared to the state of Colorado 1261:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Northwest	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 476:1, compared to the state of Colorado 304:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Northwest	Designated Rural Health Facilities	16.5% of this region is uninsured. 13.7% of this region is enrolled in Medicaid. 11.2% of this region is enrolled in Medicare. 58.5% of this region has Private Insurance.	Silvernale, R. (2017, April 5). Colorado Health Institute: Analysis of the 2015 American Community Survey, Health Insurance Status by County. Retrieved September 25, 2018. * Due to Rounding and statistical modeling, numbers/percentages may not total to exactly "100%" of total population.  <a href="#">Link to Analysis of the 2015 American Community Survey.</a>

2020 Snapshot of Rural Health - San Luis Valley Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	San Luis Valley	Demographics	The San Luis Valley Region, counties include: Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. <a href="#">Link to Colorado Rural Health Center Website.</a>
2	San Luis Valley	Demographics	47,045 people are forecasted to live in the San Luis Valley (Approximately 7% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age - County (Forecasted). Retrieved June 3, 2019. <a href="#">Link to the Colorado State Demography Office.</a>
2	San Luis Valley	Demographics	29% of households in this region are single-parent households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Children in Single Parent Households. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Demographics	In this region, 22% of the population is living under 100% of the Federal Poverty Level compared to the state average of 12%.	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 25, 2018. <a href="#">Link to Colorado Health Institute County Data Workbook.</a>
2	San Luis Valley	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2019 is \$25,750.	Federal Poverty Guidelines. (2018-2019). Retrieved July 15, 2019, US Department of Health and Human Services. <a href="#">Link to Federal Poverty Guidelines.</a>
2	San Luis Valley	Demographics	Median Age: 44 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. <a href="#">Link to Colorado State Demography Office.</a>
2	San Luis Valley	Demographics	19% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Hamm, K. (2017, January 10). Food stamps in Colorado: An Interactive county-by-county breakdown . Retrieved September 25, 2018. <a href="#">Link to Food Stamps in Colorado Article.</a>
2	San Luis Valley	Demographics	69% of children in this region are eligible for free or reduced price lunch (compared to the State Average of 42%)	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Free or Reduced Lunch. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Demographics	87% of high school students graduate in this region, compared to the state average of 79%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: High school graduation. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Demographics	59% of the population has some college education, compared to the state average of 71%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Some College. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Demographics	The average median income for this region is \$40,769.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Demographics	Lowest Median Income County in Region: Costilla \$30,486; Highest Median Income County in Region: Mineral \$55,906.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Demographics	The San Luis Valley region has a median income \$22,202 lower than the average urban median income of \$62,971.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Demographics	Average Region Median Home Price: \$271,774      Average Mortgage Cost: \$1,314	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>
2	San Luis Valley	Demographics	In 2016, there were 99 housing foreclosures in this region.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016).Published raw data. Retrieved September 20, 2018. <a href="#">Link to Colorado Information Marketplace (CIM).</a>

2	San Luis Valley	Demographics	Home Price in Alamosa County: \$170,762 Average Mortgage Cost: \$826	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>
2	San Luis Valley	Health Outcomes	22% of this region is considered obese, compared to the state of Colorado at 21%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Health Outcomes	Lowest Percentage County in Region for Obesity: Mineral at 19%; Highest Percentage County in Region for Obesity: Conejos at 24%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Health Outcomes	8% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Health Outcomes	This region's Teen Birth rate is 32 per 1,000 female population, ages 15-19 while the rate of Colorado is 22 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Health Outcomes	Lowest Teen Birth Rate County in Region: Alamosa - 22 per 1,000; Highest Teen Birth Rate County in Region: Saguachet - 38 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	San Luis Valley	Health Outcomes	There are 10* Active, Licensed Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved September 25, 2018. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. <a href="#">Link to the Colorado Health Institute.</a>
3	San Luis Valley	Mental Health & Behavioral Health	There are 0 Inpatient Mental Health Facilities in this region.	Colorado Mental Health Hold Task Force Final Report and Recommendations: Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. <a href="#">Link to Colorado Department of Human Services.</a>
3	San Luis Valley	Mental Health & Behavioral Health	The retail opioid prescriptions dispensed in this region is 78 per 100 persons per year from 2006–2017, compared to the state rate of 61 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018. Centers for Disease Control and Prevention (CDC). <a href="#">Link to the Centers for Disease Control.</a>
3	San Luis Valley	Mental Health & Behavioral Health	The region's crude suicide rate for those counties which reported is 38 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: CoVDRS_12.1.17). (2018). Retrieved December 31, 2019. Colorado Center for Health and Environmental Data. <a href="#">Link to Colorado's Violent Death Reporting System.</a>
3	San Luis Valley	Designated Rural Health Facilities	CAHs in this region: 2	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved March 6, 2018, from <a href="https://cha.com/colorado-hospitals/find-a-hospital/">https://cha.com/colorado-hospitals/find-a-hospital/</a> . Colorado Hospital Association (CHA). <a href="#">Link to CHA.</a>
3	San Luis Valley	Designated Rural Health Facilities	RHCs in this region: 5	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. <a href="#">Link to Colorado Rural Health Center Website.</a>
3	San Luis Valley	Designated Rural Health Facilities	FQHCs in this region: 15	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 25, 2019. <a href="#">Link to CCHN Community Health Centers Map.</a>

3	San Luis Valley	Designated Rural Health Facilities	Total Designated Rural Facilities: 22	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health.  <a href="#">Link to Colorado Rural Health Center Website.</a>
3	San Luis Valley	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 1565:1, compared to the state of Colorado 1234:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Primary Care Providers. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	San Luis Valley	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 5449:1, compared to the state of Colorado 1261:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	San Luis Valley	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 2823:1, compared to the state of Colorado 304:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	San Luis Valley	Designated Rural Health Facilities	12.9% of this region is uninsured. 33.1% of this region is enrolled in Medicaid. 16.3% of this region is enrolled in Medicare. 37.5% of this region has Private Insurance.	Silvernale, R. (2017, April 5). Colorado Health Institute: Analysis of the 2015 American Community Survey, Health Insurance Status by County. Retrieved September 25, 2018. * Due to Rounding and statistical modeling, numbers/percentages may not total to exactly "100%" of total population.  <a href="#">Link to Analysis of the 2015 American Community Survey.</a>

## 2020 Snapshot of Rural Health - Southwest Region: Sources & Citations

Page	Section	Heading	Fact	Citation
2	Southwest	Demographics	The Southwest Region, counties include: Archuleta, Delta, Dolores, Gunnison, Hinsdale, La Plata, Montezuma, Montrose, Ouray, San Juan, San Miguel	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. <a href="#">Link to Colorado Rural Health Center Website.</a>
2	Southwest	Demographics	208,945 people are forecasted to live in the San Luis Valley (Approximately 29% of the total rural population in Colorado).	Colorado State Demography Office, & Department of Local Affairs. (n.d.). Population by Single Year of Age - County (Forecasted). Retrieved June 3, 2019. <a href="#">Link to the Colorado State Demography Office.</a>
2	Southwest	Demographics	31% of households in this region are single-parent households (compared to the state average of 28%).	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Children in Single Parent Households. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Demographics	In this region, 13% of the population is living under 100% of the Federal Poverty Level compared to the state average of 12%.	Silvernale, R. (2017, April 5). Colorado Health Institute: Colorado County Data Workbook. Retrieved September 25, 2018. <i>Note: The Colorado County Data Workbook is based on six data sources. These indicators were drawn from a combination of surveillance systems and surveys. These tools are described in detail by the Colorado Health Institute including a summary of the surveillance system or survey, the metrics included in this workbook and any notes or limitations to keep in mind when analyzing the data.</i> <a href="#">Link to Colorado Health Institute County Data Workbook.</a>
2	Southwest	Demographics	The 100% Federal Poverty Guidelines for a family of 4 in 2019 is \$25,750.	Federal Poverty Guidelines. (2018-2019). Retrieved July 15, 2019, US Department of Health and Human Services. <a href="#">Link to Federal Poverty Guidelines.</a>
2	Southwest	Demographics	Median Age: 44 (compared to the state projected median age of 38)	Colorado State Demography Office. (n.d.). Age Gender Population Data. Retrieved September 25, 2018. Colorado, Sub-State Regions and Counties for the years 1990 through 2050. <a href="#">Link to Colorado State Demography Office.</a>
2	Southwest	Demographics	8% of the population in this region are enrolled in the Supplemental Nutrition Assistance Program (SNAP).	Hamm, K. (2017, January 10). Food stamps in Colorado: An Interactive county-by-county breakdown . Retrieved September 25, 2018. <a href="#">Link to Food Stamps in Colorado Article.</a>
2	Southwest	Demographics	44% of children in this region are eligible for free or reduced price lunch (compared to the State Average of 42%)	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Free or Reduced Lunch. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Demographics	82% of high school students graduate in this region, compared to the state average of 79%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: High school graduation. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Demographics	65% of the population has some college education, compared to the state average of 71%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Some College. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Demographics	The average median income for this region is \$54,205.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Demographics	Lowest Median Income County in Region: Delta \$43,528; Highest Median Income County in Region: San Miguel \$70,418.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Demographics	The Southwest region has a median income \$8,766 lower than the average urban median income of \$62,971.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Median Household Income. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Demographics	Average Region Median Home Price: \$322,222      Average Mortgage Cost: \$1,558	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>

2	Southwest	Demographics	In 2016, there were 343 housing foreclosures in this region.	[Colorado Information Marketplace (CIM) - Housing Foreclosures by County - Colorado]. (2016).Published raw data. Retrieved September 20, 2018. <a href="#">Link to Colorado Information Marketplace (CIM).</a>
2	Southwest	Demographics	Home Price in Delta County: \$230,295      Average Mortgage Cost: \$1,113	County Median Home Prices. National Association of Realtors (NAR). Retrieved July 15, 2019. <a href="#">Link to County Median Home Prices.</a>
2	Southwest	Health Outcomes	20% of this region is considered obese, compared to the state of Colorado at 21%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Health Outcomes	Lowest Percentage County in Region for Obesity: Gunnison at 16%; Highest Percentage County in Region for Obesity: Montezuma at 24%	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data:Adult Obesity. Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Health Outcomes	7% of the population in this region has diabetes compared to the state average of 6%.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Health Outcomes	This region's Teen Birth rate is 26 per 1,000 female population, ages 15-19 while the rate of Colorado is 22 per 1,000.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Health Outcomes	Lowest Teen Birth Rate County in Region: Gunnison - 9 per 1,000 per 1,000; Highest Teen Birth Rate County in Region: Montezuma - 42 per 1,000	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Diabetes.Retrieved July 15, 2019. <a href="#">Link to County Health Rankings.</a>
2	Southwest	Health Outcomes	There are 21* Active, Licensed Addiction Counselors in this region.	Silvernale, R. (2017, April 5). Colorado Health Institute: Active Licensed Addiction Counselors. Retrieved September 25, 2018. Colorado Department of Regulatory Agencies (March 2017). A "*" symbol indicates a disclaimer to this data. This data is sourced by the Colorado Health Institute in collaboration with the Department of Regulatory Agencies. Limitations exist with this data as dentists, physicians, and mental health providers are only counted once even though they may practice in additional, neighboring counties. Counts are solely based on the mailing address in the provider's licensure file and it is unknown whether that address is a home residence or a practice location. <a href="#">Link to the Colorado Health Institute.</a>
3	Southwest	Mental Health & Behavioral Health	There are 0 Inpatient Mental Health Facilities in this region.	Colorado Mental Health Hold Task Force Final Report and Recommendations: Prepared by The Civic Canopy. (December 2016). 1-20. Retrieved April 9, 2018. Colorado Department of Human Services. <a href="#">Link to Colorado Department of Human Services.</a>
3	Southwest	Mental Health & Behavioral Health	The retail opioid prescriptions dispensed in this region is 65 per 100 persons per year from 2006–2017, compared to the state rate of 61 per 100 persons.	Opioid Overdose: State and County Prescribing Rate Maps. (2017, July 31). Retrieved September 25, 2018. Centers for Disease Control and Prevention (CDC). <a href="#">Link to the Centers for Disease Control.</a>
3	Southwest	Mental Health & Behavioral Health	The region's crude suicide rate for those counties which reported is 32 per 100,000 population.	Violent Death Reporting System: Suicide Dashboard (Workbook: CoVDRS_12.1.17). (2018). Retrieved December 31, 2019. Colorado Center for Health and Environmental Data. <a href="#">Link to Colorado's Violent Death Reporting System.</a>
3	Southwest	Designated Rural Health Facilities	CAHs in this region: 3	Find A Hospital: Service Type - Critical Access Hospital. (n.d.). Retrieved March 6, 2018, from <a href="https://cha.com/colorado-hospitals/find-a-hospital/">https://cha.com/colorado-hospitals/find-a-hospital/</a> . Colorado Hospital Association (CHA). <a href="#">Link to CHA.</a>
3	Southwest	Designated Rural Health Facilities	RHCs in this region: 8	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health. <a href="#">Link to Colorado Rural Health Center Website.</a>
3	Southwest	Designated Rural Health Facilities	FQHCs in this region: 8	Colorado Community Health Network (CCHN) - "Community Health Centers Map". Retrieved January 25, 2019. <a href="#">Link to CCHN Community Health Centers Map.</a>

3	Southwest	Designated Rural Health Facilities	Total Designated Rural Facilities: 19	Colorado Rural Health Center (CRHC) - Colorado's State Office of Rural Health.  <a href="#">Link to Colorado Rural Health Center Website.</a>
3	Southwest	Regional Patients per Provider	This region's Primary Care Physicians ratio of the population to total primary care physicians in the region is 1243:1, compared to the state of Colorado 1234:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Primary Care Providers. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Southwest	Regional Patients per Provider	This region's Dentists ratio of the population to total dentists in the region is 1783:1, compared to the state of Colorado 1261:1.	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Southwest	Regional Patients per Provider	This region's Mental Health Provider ratio of the population to total mental health providers in the region is 761:1, compared to the state of Colorado 304:1	Robert Wood Johnson Foundation & University of Wisconsin Population Health Institute. (2019, April). Colorado County Data: Dentists. Retrieved July 16, 2019.  <a href="#">Link to County Health Rankings.</a>
3	Southwest	Designated Rural Health Facilities	10.7% of this region is uninsured. 23.1% of this region is enrolled in Medicaid. 16.7.9% of this region is enrolled in Medicare. 47.6% of this region has Private Insurance.	Silvernale, R. (2017, April 5). Colorado Health Institute: Analysis of the 2015 American Community Survey, Health Insurance Status by County. Retrieved September 25, 2018. * Due to Rounding and statistical modeling, numbers/percentages may not total to exactly "100%" of total population.  <a href="#">Link to Analysis of the 2015 American Community Survey.</a>