



Oral Health Risk Assessment – ADULT (Age 18+)

Patient's Name: _____ DOB: _____ Today's Date: _____

PATIENT ONLY

(please answer the following questions to the best of your knowledge)

CONTRIBUTING CONDITIONS		LOW RISK	AT RISK
Caries Risk	Do you use toothpaste with fluoride?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you snack frequently between meals or drink anything other than water between meals?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
	Are you on Medicaid or Medicaid eligible?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
BOTH	Do you brush your teeth daily?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you floss daily?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have a dentist that you see at least once every year? Name: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Periodontal Risk	Do you have diabetes, heart disease, renal disease, or arthritis?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
GENERAL HEALTH CONDITIONS		LOW RISK	AT RISK
Caries Risk	Have you had any teeth extracted in the past 36 months due to a cavity or decay? ▲	<input type="checkbox"/> No	<input type="checkbox"/> Yes
	Do you have any eating disorders such as Anorexia or Bulimia?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
	Do you regularly experience dry mouth?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
	Do you have any special health care needs that make caring for yourself difficult?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
BOTH	Are you currently on chemo or radiation therapy?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
	Do you use drugs, drink alcohol in excess, or use tobacco products (including chewing tobacco and vapor/e-cigarettes)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Periodontal Risk	Do you experience pain or bleeding when you brush your teeth? ▲	<input type="checkbox"/> No	<input type="checkbox"/> Yes
	Do you notice any shifting or mobility of your teeth?	<input type="checkbox"/> No	<input type="checkbox"/> Yes

PROVIDER ONLY

(please complete all sections below)

CLINICAL FINDINGS		
White spots or visible decalcifications?	<input type="checkbox"/> Yes <input type="checkbox"/> No	All teeth present? <input type="checkbox"/> Yes <input type="checkbox"/> No <i>If NO, how many teeth are present?</i> _____ _____ General Oral Health: <input type="checkbox"/> Healthy <input type="checkbox"/> Concerns <i>Please list concerns:</i> _____ _____
Obvious decay? ▲	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Apparent dry mouth?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Restorations (fillings) present?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Visible plaque accumulation?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Gingivitis (red/swollen/bleeding gums)? ▲	<input type="checkbox"/> Yes <input type="checkbox"/> No	

ASSESSMENT/PLAN

Using totals from the patient completion section, determine if patient is "low risk" or "at risk". One check mark in the "at risk" category puts patient at risk. However, check marks in the "low risk" category can help balance/mitigate the risk factors. A "yes" in any question with a ▲ beside it automatically indicates "at risk" and may indicate the presence of active disease.

Caries risk: <input type="checkbox"/> Low <input type="checkbox"/> At Risk	Periodontal Risk: <input type="checkbox"/> Low <input type="checkbox"/> At Risk	
Fluoride Offered? <input type="checkbox"/> Yes <input type="checkbox"/> No <i>If not offered, why?</i> _____	Fluoride Accepted? <input type="checkbox"/> Accepted <input type="checkbox"/> Refused <i>If refused, why?</i> _____	
Completed: <input type="checkbox"/> Education <input type="checkbox"/> Fluoride Varnish	<input type="checkbox"/> Dental Referral	Other: _____
Self-Management Goals: <ul style="list-style-type: none"> <input type="checkbox"/> See dentist/regular dental visits <input type="checkbox"/> Less/No junk food/candy <input type="checkbox"/> No soda/sugary drinks/energy drinks <input type="checkbox"/> Use fluoride toothpaste <input type="checkbox"/> Other: _____ 	<ul style="list-style-type: none"> <input type="checkbox"/> Healthy Snacks <input type="checkbox"/> Brush twice daily <input type="checkbox"/> Floss daily <input type="checkbox"/> Limit caffeine 	<ul style="list-style-type: none"> <input type="checkbox"/> Dental treatment for current teeth <input type="checkbox"/> Tobacco cessation <input type="checkbox"/> Quit/decrease alcohol consumption <input type="checkbox"/> Seek drug abuse/use treatment

COMMENTS
