

Southwest

SNAPSHOT OF RURAL HEALTH IN COLORADO

- 2021 -

 **COLORADO
RURAL HEALTH
CENTER**

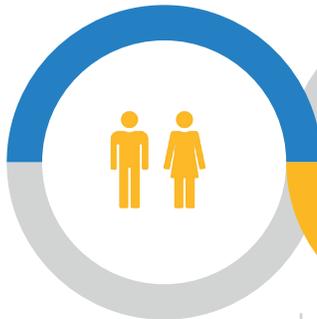
The State Office of Rural Health

SOUTHWEST REGION

Counties Included: Archuleta, Delta, Dolores, Gunnison, Hinsdale, La Plata, Montezuma, Montrose, Ouray, San Juan, San Miguel



DEMOGRAPHICS



207,396

Total Population
(Approximately 29% of the rural population)



27%

% of Single Family Households (state average of 27%)



12%

% Living Under the Federal Poverty Line (state average - 9%)
The 100% Federal Poverty Guidelines for a family of 4 in 2020 is \$26,200



45

2021 Median Projected Age (state projected median age of 38)



8%

% of the Region Enrolled in SNAP (44% of children in the region eligible for free & reduced lunch)

HIGH SCHOOL GRADUATION

88%



High School Graduates (state: 81%)

67% of the population has some college education (state: 72%)

MEDIAN INCOME

\$56,839



Lowest median income: Delta at \$46,786
Highest median income: San Miguel at \$69,458
The Southwest region has a median income \$19,523 below the average urban median income of \$76,362

MEDIAN HOME PRICE

\$319,158



Average Mortgage Cost: \$1,291
In 2016, there were 343 housing foreclosures in this region.
Home Price in Delta County: \$233,325
Average Mortgage Cost: \$944

HEALTH OUTCOMES

22%



Adult Obesity (compared to the state average of 22%)
Lowest Obesity: Gunnison County at 17%
Highest Obesity: Montezuma County at 28%

6%



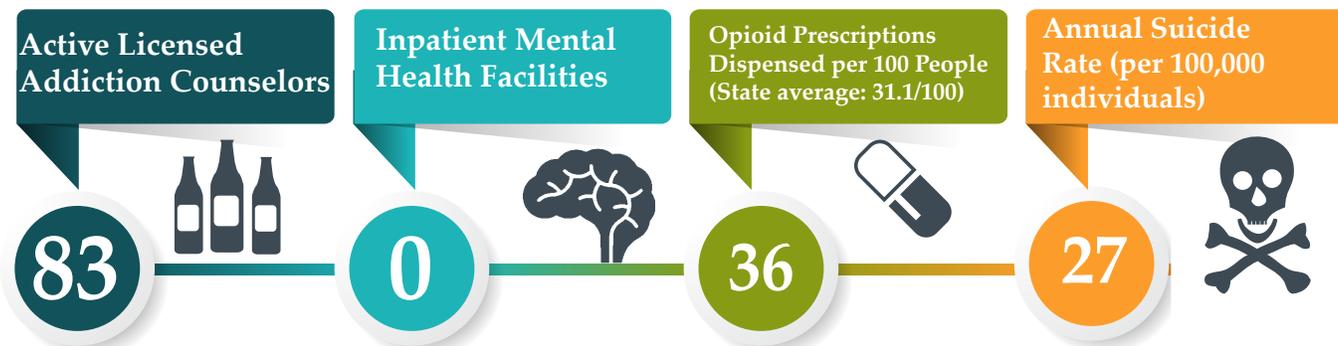
With Adult Diabetes (compared to the state average of 6%)



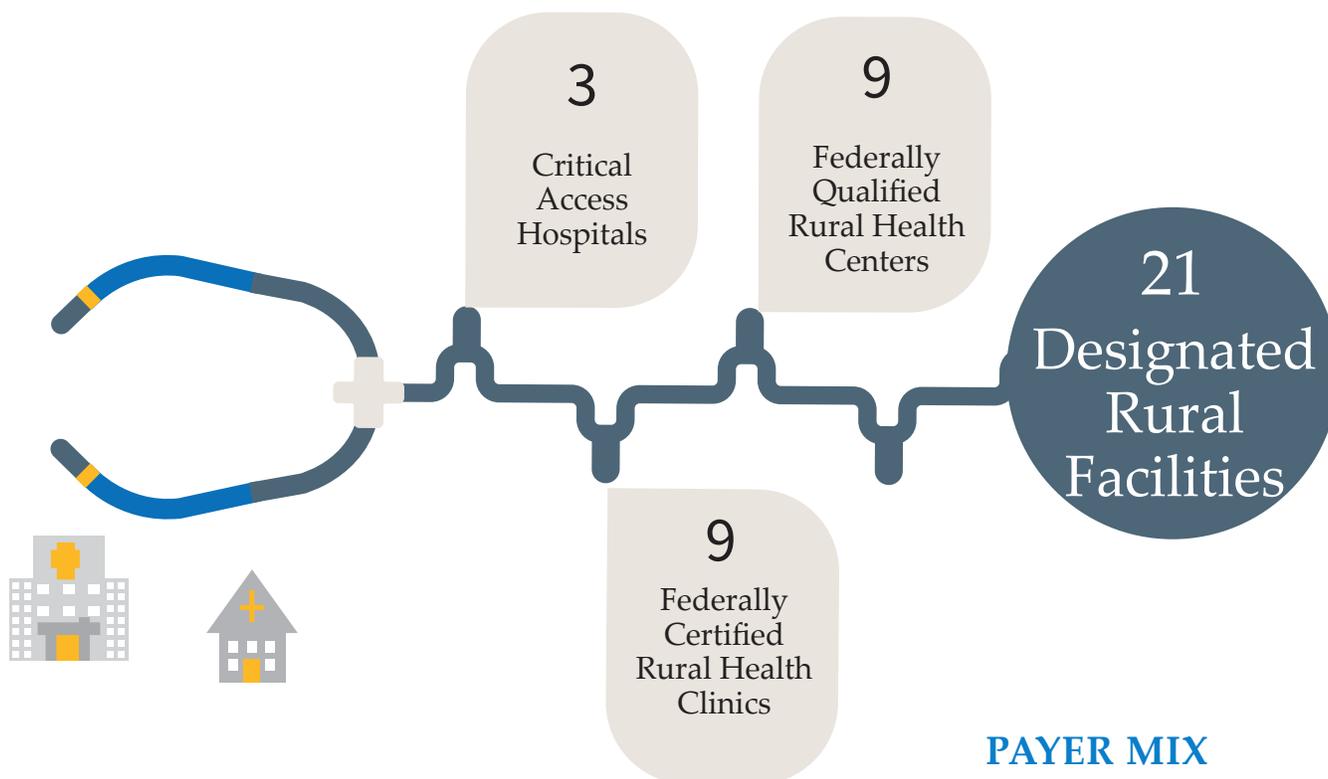
This region's teen birth rate is 23 per 1,000 women ages 15-19 while the overall Colorado rate is 19 per 1,000.

Lowest Teen Birth Rate County in Region: Gunnison - 9 per 1,000
Highest Teen Birth Rate County in Region: Montezuma - 37 per 1,000

MENTAL AND BEHAVIORAL HEALTH

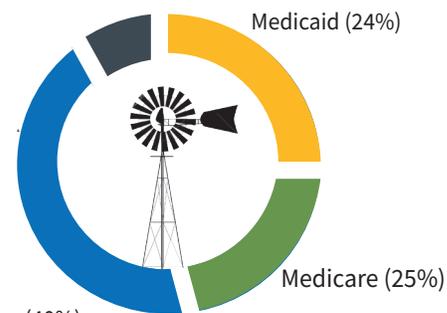


DESIGNATED RURAL HEALTH FACILITIES



PAYER MIX

Uninsured (11%)

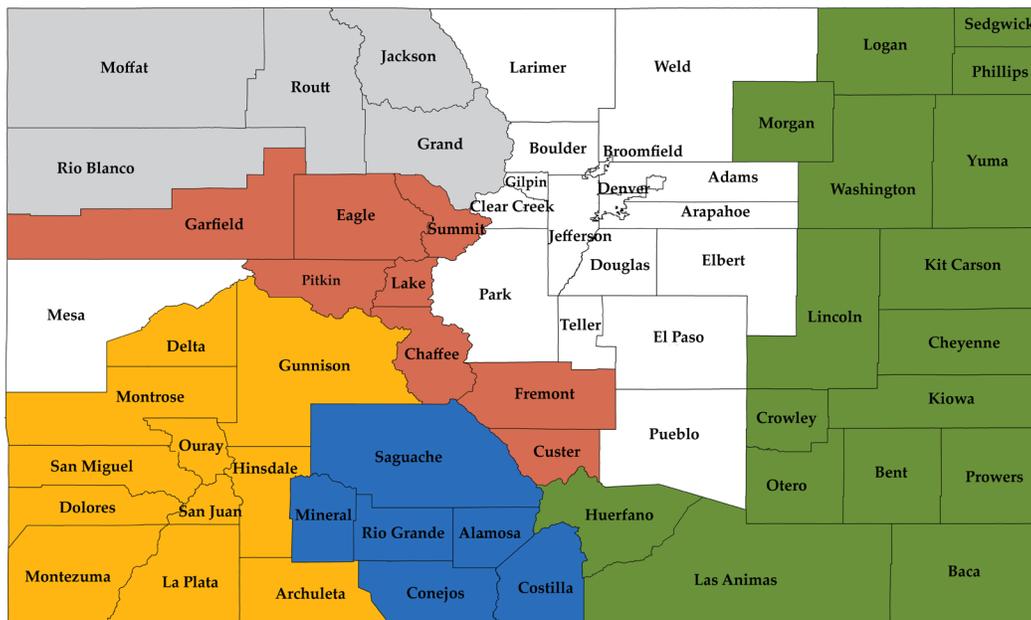


REGIONAL PATIENTS PER PROVIDER



Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured categories. To arrive at a comprehensive interpretation of payer mix, different sources were utilized with the assumption that all values will sum to 100%. Please see citation sheet for more details.

See all of the Regional Snapshot Reports at
coruralhealth.org/policy



REGIONS

- Grey - Northwest
- Red - Resort West
- Yellow - Southwest
- Blue - San Luis Valley
- White - Urban
- Green - Eastern Plains

For a detailed list of Snapshot data sources, please visit coruralhealth.org