

Mountain West

SNAPSHOT OF RURAL HEALTH IN COLORADO

- 2021 -

 **COLORADO
RURAL HEALTH
CENTER**

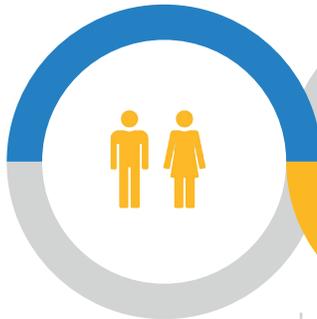
The State Office of Rural Health

MOUNTAIN WEST REGION

Counties Included: Chaffee, Custer, Eagle, Fremont, Garfield, Lake, Pitkin, Summit



DEMOGRAPHICS



246,955

Total Population
(Approximately 34% of the rural population)



25%

% of Single Family Households (state average of 27%)



10%

% Living Under the Federal Poverty Line (state average - 9%)
The 100% Federal Poverty Guidelines for a family of 4 in 2020 is \$26,200



42

2021 Median Projected Age (state projected median age of 38)



6%

% of the Region Enrolled in SNAP (41% of children in the region eligible for free & reduced lunch)

HIGH SCHOOL GRADUATION

84%

High School Graduates (state: 81%)
62% of the population has some college education (state: 72%)

MEDIAN INCOME

\$67,691

Lowest median income: Fremont at \$47,885. Highest median income: Pitkin at \$89,034
The Mountain West region has a median income \$8,671 below the average urban median income of \$76,362

MEDIAN HOME PRICE

\$404,630

Average Mortgage Cost: \$1,636
In 2016, there were 355 housing foreclosures in this region.
Home Price in Fremont County: \$173,982
Average Mortgage Cost: \$704

HEALTH OUTCOMES

20%

Adult Obesity (compared to the state average of 22%)
Lowest Obesity: Eagle County at 13%
Highest Obesity: Custer County at 28%

5%

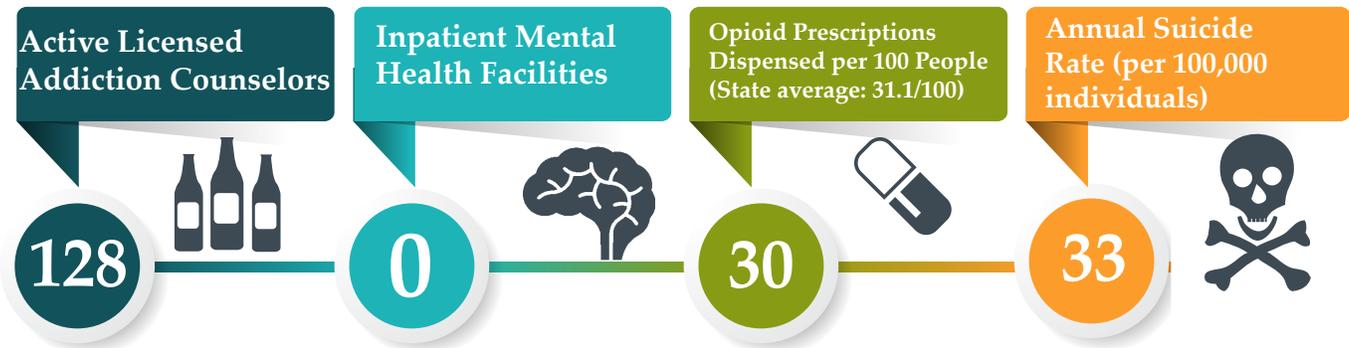
With Adult Diabetes (compared to the state average of 6%)



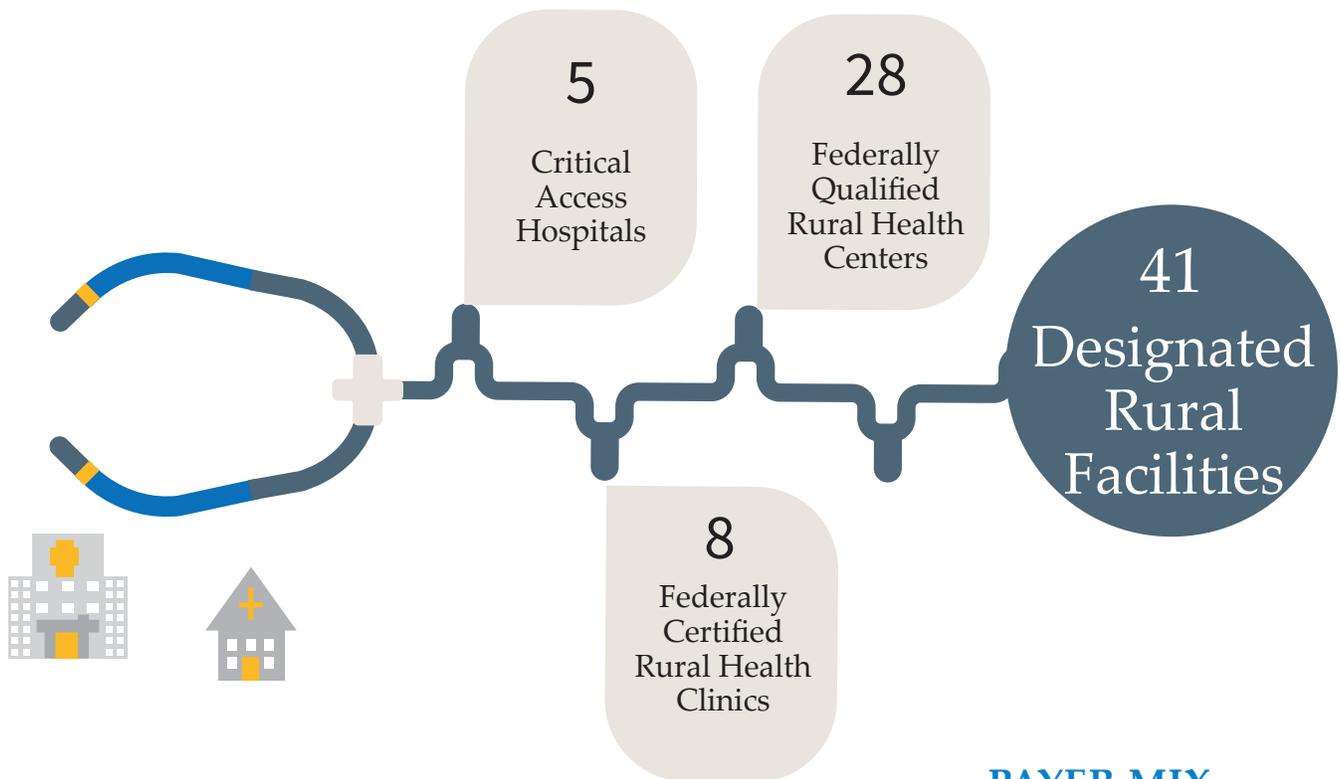
This region's teen birth rate is 21 per 1,000 women ages 15-19 while the overall Colorado rate is 19 per 1,000.

Lowest Teen Birth Rate County in Region: Pitkin - 4 per 1,000
Highest Teen Birth Rate County in Region: Lake - 35 per 1,000

MENTAL AND BEHAVIORAL HEALTH

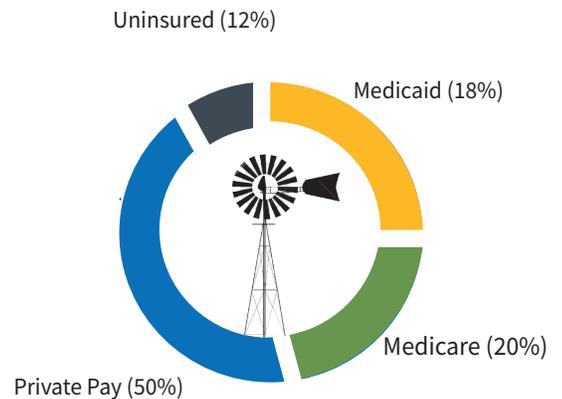


DESIGNATED RURAL HEALTH FACILITIES



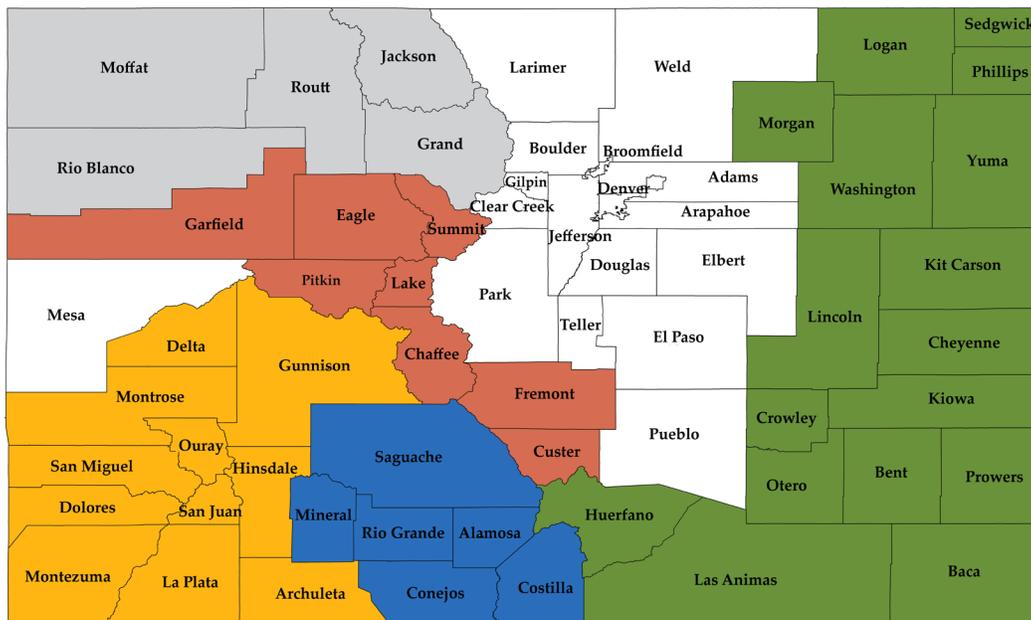
PAYER MIX

REGIONAL PATIENTS PER PROVIDER



Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured categories. To arrive at a comprehensive interpretation of payer mix, different sources were utilized with the assumption that all values will sum to 100%. Please see citation sheet for more details.

*See all of the Regional Snapshot Reports at
coruralhealth.org/policy*



REGIONS

- Grey - Northwest
- Red - Resort West
- Yellow - Southwest
- Blue - San Luis Valley
- White - Urban
- Green - Eastern Plains

For a detailed list of Snapshot data sources, please visit coruralhealth.org